PARTNERS
OF THE SAANICH PENINSULA HOSPITAL & HEALTHCARE FOUNDATION

SUMMER 2022

A food truck feast for our dedicated hospital staff!

Thanks to your support, we hosted a special staff appreciation lunch at the Saanich Peninsula Hospital. Over 200 hospital & healthcare staff were treated to food truck fare which was enjoyed in a festive outdoor eating area that sunny July afternoon.

The appreciation was mutual with staff commenting how much they enjoyed the event and extending gratitude to you for making it possible!

Thank you as well to Kattia's Kitchen and Greek on the Street for their support in making this event such a success.

See more pictures on page 3...

IN THIS ISSUE

A food truck feast for our dedicated hospital staff! 1
A message from our CEO 2
Donor support access to primary care 4
The winner of our first 50/50 draw! 5
Here's how we have put your donor dollars to work! 6
Lucas Gentina & his swim from Mill Bay to Deep Cove 7
Love for South Unit Garden 7
The story of the sculpture 8
Do you know a Clinical Nurse Educator who works in Acute Care? 10

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A message from our CEO

Dear Friends,

As I near the end of my first year with Saanich Peninsula Hospital & Healthcare Foundation, I have to say my experience with the organization, from our Foundation Staff and Board of Directors, the hospital team and most importantly, our amazing donors has exceeded my every expectation. When I began in this role last August, I knew about the generosity and support in this community, but your giving spirit and support for Saanich Peninsula Hospital is truly remarkable.

I want to take this opportunity to thank you for choosing to support our community hospital and for making sure it has everything it needs to remain a centre of excellence now and into the future.

Thanks to you, we are funding much needed equipment, education, patient programs and staff appreciation. Your support makes our community hospital stronger and better equipped to meet the healthcare challenges of today and tomorrow.

We recognize your wish for your donations to benefit our hospital and our community and we are committed to stewarding your support to the areas where it will have the most impact. Now, more than ever, finding a family doctor is top of mind for so many people, so in addition to funding needs of the hospital, the Foundation is committed to supporting increased access to primary medical care in our community. We continue our support of Shoreline Medical Society, we support the Doctor of the Day program at SPH, and we provide incentives for new physicians to the peninsula who commit to working at the hospital.

This past year we asked you to help us fund a new X-Ray machine and you answered the call in record time. Thanks to you we reached our campaign goal of $2 million dollars in just over 6 months. The needs at our hospital are ongoing and we thank you for supporting our campaigns each and every year.

Your continued support of Saanich Peninsula Hospital is making a real difference in every department. Whether it is the Emergency Department, the Operating Room, Acute and Palliative Care or the Extended Care Units, your generousity enables the funding of much needed equipment, education, patient programs and staff appreciation. Your support makes our community hospital stronger and better equipped to meet the healthcare challenges of today and tomorrow.

You have become a partner in a healthier future for everyone on the peninsula, and while the commitment and resolve of the Foundation is great, we simply could not do this much needed work without engaged people like you.

We are excited to come together again at Church & State for the 2022 Gala, so mark your calendars for November 5th. Tickets will be available for purchase in September.
We hope to see you there!

Thank you so much for your support and have a wonderful summer!

Sarah

More photos from the Staff Appreciation Lunch!

Donors support access to Primary Care

Access to comprehensive healthcare in the community directly impacts our hospital. The Saanich Peninsula Hospital & Healthcare Foundation is working to support not only our hospital – but community healthcare as well. Our relationship with the Shoreline Medical Society, a well-known organization that provides primary care to peninsula residents and recruits physicians to the community, shows the importance of this work and relationship.

The Saanich Peninsula Hospital (SPH) operates under a rural-based practice model, meaning it relies on the help of local family physicians to staff our Emergency Department rather than employing full-time hospitalists. Although this system is a win/win in that it provides career opportunities for physicians in both a clinic and hospital setting and gives patients more access to consistent therapeutic care, it also means the hospital is vulnerable to physician shortages. A shortage of doctors in the community means a shortage of doctors at SPH.

By supporting the Shoreline Medical Society during our 2018/19 campaign, we wanted to help make primary care more accessible to everyone on the peninsula, both in emergency and primary care. Our goal at that time was to help Shoreline Medical Centre expand into two clinics—one in Sidney and the other in Brentwood Bay—to attract new doctors who could accept thousands of patients into their practices.

Thanks to the support of the community, we reached our goal, raising $2 million to help fund renovations and equipment purchases for Shoreline's expansion. Today, the clinics have attracted 25 physicians who are attached to nearly 17,000 patients in our community—that's over 40% of the population on the peninsula.

Today, the clinics have attracted 25 physicians who are attached to nearly 17,000 patients in our community—that's over 40% of the population on the peninsula.

Yet in spite of this inspiring success story, the physician shortage continues to worsen. Much like the rest of the province, Vancouver Island faces a critical shortage of family doctors. We know our work to recruit and retain physicians in our community must continue.

We are proud to announce that in the last few months we made another significant financial contribution towards the Shoreline Medical Society. This donation not only helps provide local residents with much needed access to primary care, but also relieves some of the pressure on our valued local hospital.

The Saanich Peninsula Hospital & Healthcare Foundation is very proud to be a trusted funding partner of our hospital and support the doctors from our community who work in the Emergency and Acute Care Departments in addition to their regular workload. These physicians provide comprehensive care for everyone in the community, and we are especially grateful for their dedication. With the continued support of you—our generous donors—we pledge to be part of the solutions to current and future healthcare challenges in our community. ■ By Sarah Bragg

Canada Day Parade

After a two year hiatus due to the pandemic, it was wonderful to be able to come together in person to participate in the Canada Day Parade in Sidney on July 1st. A group of enthusiastic Saanich Peninsula Hospital & Healthcare Foundation volunteers and staff decorated the Foundation's bus (previously purchased thanks to YOU!) and residents from the Saanich Peninsula Hospital Long-term Care joined on the bus to enjoy a morning of entertainment and lunch out. Volunteers and staff dressed in scrubs, wore cheerful Canada headgear and walked the parade route, handing out swag along the way.

We were fortunate that the sun was shining and people lined the streets to watch the parade and cheer. And cheer, they did! You could feel the crowd's love and appreciation for our healthcare heroes along the way. ■ Staff contribution

The winner of our first 50/50 draw!

Mr. John Tapio was the lucky winner of the 50/50 draw made at 4 p.m. on June 30th, 2022.

John had bought $100 worth of tickets because he could not resist the email he had received when the 50/50 event was announced. Both he and his wife have been patients at the hospital on several occasions. In John's opinion $10,000 was not a sufficient reward to the Foundation for all the effort that had been put into planning the event, so he decided to give back 50% of his winnings.

Thank you John, for as you say, "Sharing the wealth", and as you are looking forward to the next draw, we wish you continued good luck.

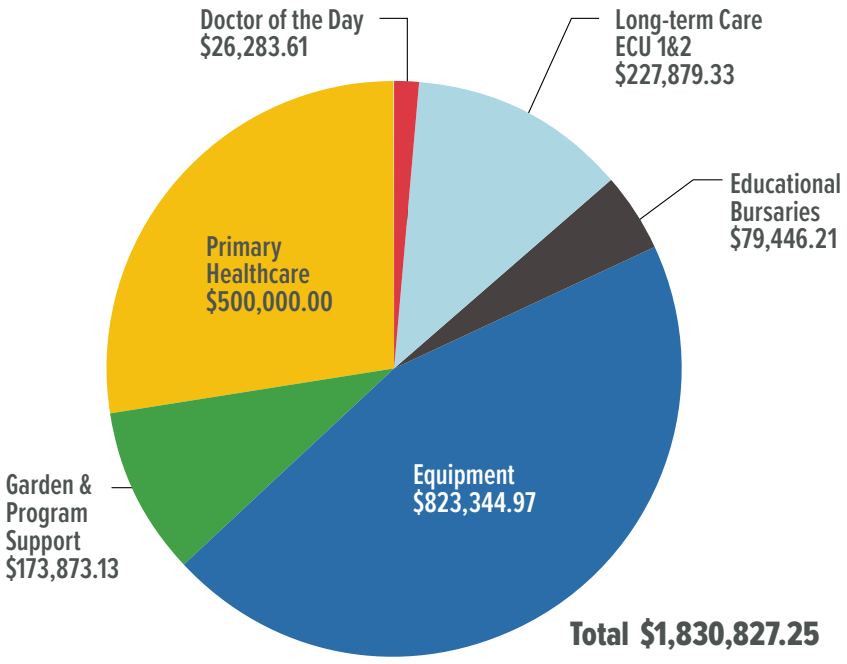
■ By Barbara Harwood

SPHHF Board, Brian Neal and Elaine Hughesman with winner, John Tapio in the middle.

50/50
FALL RAFFLE
Coming in November!

Here's how we have put your donor dollars to work!

A report on the Foundation's spending at the Saanich Peninsula Hospital (SPH) and in the community over the past 6 months.



Primary Healthcare

We continue to promote improved access to primary care on the peninsula, with our ongoing support of Shoreline Medical Society and its Sidney and Brentwood Bay clinics

Doctor of the Day

Continued support of new physicians who commit to working in the Doctor of the Day program at the hospital. In 2022 we have provided monetary incentives to 6 new participating physicians

Long-term Care (LTC)

We support excellence in care by providing support for training courses including: Life Support, Would Care, Palliative Care Intensive

Resource materials on care for LTC

Bedside & over-bed tables for resident rooms throughout LTC

Continued support of much needed therapy programs in Long-Term and Acute Care Units such as: music therapy, garden therapy, dementia programs, recreational therapy

SPH ECU1 Nursing Desk Reno 21

SPH Xray Replacement Room 1

Flexible Endoscopic Examination System

X-Ray - Siemens Axiom Aristos

SPH Lifepak CR2

SPH ECU Protective Wear Isolation Bundle

Educational Bursaries

Provided 36 continuing education bursaries to staff members throughout the hospital

Equipment

Provided funds for the purchase of much needed equipment in Acute Care, Palliative Care, Operating Room, Emergency Department, Long-Term Care and throughout the hospital

Examples of recent equipment purchases we have supported:

- Portable Ultrasound Machine
- Public Phone Charging Station
- Supply Carts for Emergency Department
- Emergency Room Seating
- Vital Signs Machines for Acute Care
- 5 new Cardiac Monitors
- Surgical Instruments for the Operating Room

Additionally, we are pleased to have purchased the final 60 state-of-the-art beds to complete our commitment to replace 120 beds in Long-Term Care. Now every resident on the unit has a brand new bed & mattress, increasing comfort, decreasing pressure wounds and improving ergonomics for caregivers

SPH Surgical Day Care Support

Garden & Program Support

SPH Memorial Garden Phase 2

Lucas Gentina & his swim from Mill Bay to Deep Cove

Around 10 a.m. on Sunday May 15th, 2022, Lucas entered the water at Mill Bay. The rain was falling, but that was no concern. There was a little breeze and that could have been a greater concern, however his escort boats (provided by Frank Whites Dive Store) were on hand, and they safely conducted him across the waters. There were a few curious boaters, but no one was a threat to Lucas's safety.

A small crowd gathered on the beach at Deep Cove, and most were almost as wet at Lucas, but nothing was going to deter them from welcoming him and making sure he had a good reception. Donors were sending money as he swam and when the final amount was realised, it totalled $42,160 and included a generous donation by the Saanich Peninsula Hospital Auxiliary.

Lucas, words cannot express our admiration of you for your contribution to the well being of residents in Long-term Care. Thank you is inadequate, but we will risk that by saying… THANK YOU, LUCAS! ■ By Barbara Harwood

Love for South Unit Garden

Thanks to donated dollars and time, the raised garden beds on our South Unit at Saanich Peninsula Hospital received some extra special care.

Dea-Anne, an RN at SPH, states that she and Gail, a dedicated volunteer, "cut back the overgrown and white fly-infested plants (yuck) that were there already. Gail loves to garden, she's a skilled gardener who is not afraid to wear white! She did a fantastic job. We had an amazing experience not only gardening, but a patient, Barb, came outside to watch us work and enjoy the little bit of sunshine and fresh air, and she decided to donate to our cause to buy more flowers for the beds."

Thank you, Dea-Anne, for sharing your successes.
We appreciate hearing how much the residents enjoy the gardens at SPH. And thank you to all the volunteers who have helped with our gardens and supporting residents to be involved. ■ By Dea-Anne and staff

Top: RN Dea-Anne with SPH patient Barb
Bottom: Gail making improvements to the gardens

The story of the sculpture

Facilities Maintenance & Operations (FMO) crew who installed the sculpture. Colin (left), Dima (middle) & Phil (right).

Ross and Vicky Tuck moved to North Saanich in the mid 1970s when Ross retired from the US Air Force. Vicky had grown up in the Oak Bay area, but they decided to make the peninsula their home.

Ross passed away in 2015 from complications related to heart failure; Vicky is still in their home with support from caregivers as she has advanced Alzheimer's. Their children, Ross and Johanna, and their families, are all living in the peninsula region. The story behind the sculpture revealed how the belief in philanthropy has grown through the generations. Vicky's mother was a Saanich Peninsula Hospital (SPH) resident, and Vicky made a large donation to the hospital to help in the renovation of the Emergency Department.

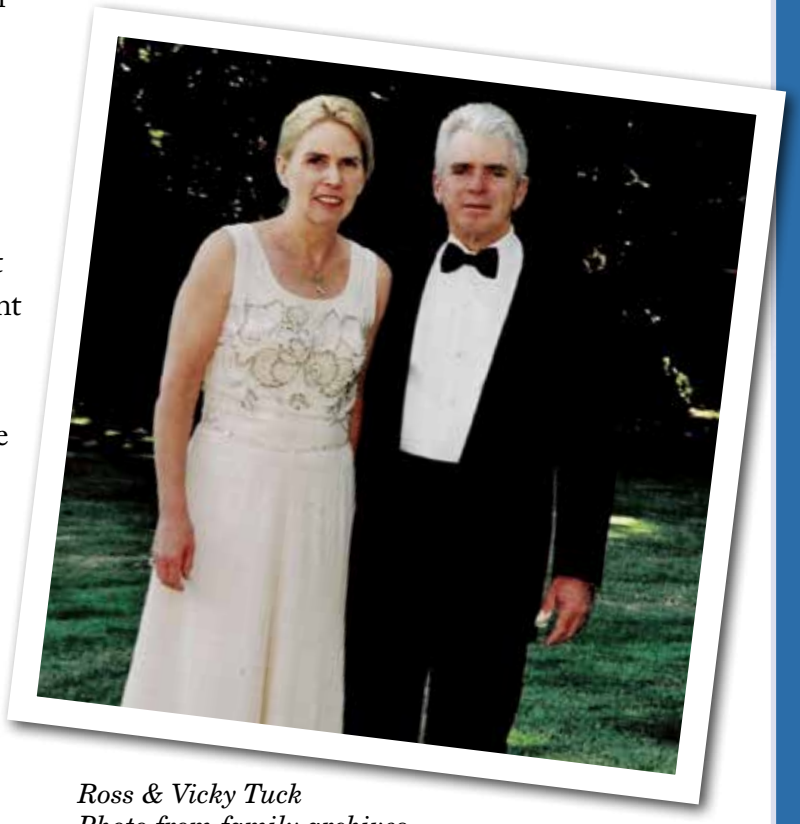
However, the donations made by the Tuck's to the community are not only to be counted in dollars, but also in creating accessibility to the arts for as many people as possible. They made financial donations to various organizations, and they purchased art in its many and varied forms. It is their belief that all persons benefit from the exposure to art. Art is not only a picture on the

wall; every piece has a story whether it was bought in Canada's north or from an artist in the local community.

AgroArts in Vancouver, in collaboration with Johanna, created the unique sculpture which the family has donated to Saanich Peninsula Hospital. It was originally at the entrance to Milestones restaurant on the inner harbour in Victoria when the family owned the restaurant. Ross and Johanna decided to donate the piece to the hospital as it would reflect the wishes of their parents. What appears to be metal or stone is painted wood, and the large pillars resemble the pylons used in the water at a wharf or a jetty.

In mid-July, the sculpture was installed in the Len Barlow Rose Garden at the Saanich Peninsula Hospital. It provides a stunning visual welcome as visitors enter the garden and the hospital is most grateful to the whole family. It will be a fitting reminder of your generosity and care. Thank you all.

■ By Johanna Ward with contributions from Barbara Harwood



Ross & Vicky Tuck
Photo from family archives

Do you know a Clinical Nurse Educator who works in Acute Care?

Her name is Michele Bramley, and she is responsible for helping all new hires in the department. She sets up training, orientation, and supports them during their first months at Saanich Peninsula Hospital (SPH). She also ensures that they have completed the education required to work in the different areas in the department. In addition to that formal work, Michele trains and rolls out new procedures and equipment. She supports all the students and, in conjunction with other Saanich Peninsula Hospital educators, is part of the leadership team involving reviewing practice and improving patient care at the site.

Michele's personal experience is vast. She knew she wanted to be a nurse from the age of ten. She was a Candy Striper for two years, beginning when she was 13, and later taught a portion of the program to volunteers until it was disbanded. She began her career as a newly graduated Registered Nurse at Saanich Peninsula Hospital in 1991. She had trained at Vancouver General Hospital because they had an "in hospital" program meaning that nurses were living on site. She worked at Victoria General Hospital for 10 years as a casual employee while doing the same at SPH. During this time, she earned her Bachelor of Nursing degree from the University of Victoria. This was before it became compulsory for nurses to have a degree, but the hands on experience earned during her "in hospital" training proved invaluable. That additional training allowed her to enter her career of nursing with confidence.

Michele Bramley, Clinical Nurse Educator (CNE)
Photo credit: Beverly Lewis

Michele has called the Saanich Peninsula home since she was six months old (she was born in Edmonton). Needless to say her connection to people and the community is invaluable to her work at SPH. Her first child was born at the hospital just before the maternity department was closed. If she was on duty when her son managed to break another bone or get another cut, she was always alerted by colleagues and she knew he was in good hands. Michele and her husband have two daughters, one son, and two grandbabies, all living locally on the Saanich Peninsula. Her family have been patients in all areas of the hospital, from grandparents in Long-term Care to most recently her mother passing on the Palliative Care unit.

We asked Michele how Covid-19 affected the nursing staff at SPH. She included all hospital staff in her comments about anxiety. Because no one really knew the effects of the disease in the early days, situations changed daily, and at times even hourly. New systems had to be observed and all staff had to adjust to the uncertainty and concern. Life was changed both professionally and personally because of the incredible amount of stress. Staff were taken ill with no real warning and their position had to be filled by another member of staff. It was especially distressing to have to limit visitors for the elderly, the dying and the confused patients. Patients often did not understand why different nurses were having to take care of them, families and residents alike had to be told about restrictions on visitation and that was an added stress for all staff. The outbreak was really hard as Acute Care was the first site declared with outbreak status. Staff felt exposed and anxious about the possibility of taking the disease home to their own families and yet they still supported their co-workers that developed Covid-19.

Michele related that during Covid-19, the greater Saanich Peninsula community was generous, kind, helpful and often exceeded all expectations.

There were donations of chocolates, complete meals, flowers, cards and respect. There were many times when, after dealing with a delicate situation between concerned residents and their family, a special chocolate delight helped staff through the moment. The huge display of flowers in the shape of a heart made their drive onto the hospital grounds more pleasant. Staff knew they were not alone.

In addition to her full time position, Michele finds time to volunteer for the Foundation. She says it has been a great experience to realise how many very generous donors there are and how much support they give to the hospital. Staff feel valued when they see that kind of support, and volunteering is a great way to understanding how the Foundation works. She has volunteered at the Gala for three years, and plans to continue in that capacity for many years to come.

Thank you Michele for all that you do for the greater Community of Saanich Peninsula.

■ By Barbara Harwood

Volunteer Opportunities

THE ANNUAL GALA – Presented by Peninsula Co-op. Saturday, November 5th. BACK IN PERSON at the Church & State Winery. We would greatly appreciate help with set-up and other support the day of the event.

For more information please contact: **Corinna.Adams@sphf.ca or call 250-656-2948**

Your support matters more than ever.

Name: .....

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Enclosed is my tax deductible gift of:

❑ $1000 ❑ $500 ❑ $100 ❑ $50 ❑ $25

❑ Other amount: $ .....

❑ Cheque enclosed ❑ Visa ❑ Mastercard

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❑ I would like to make a monthly donation of

$ .....

by: ❑ Credit card ❑ Void cheque enclosed

❑ I would like to receive occasional email updates and information from the Saanich Peninsula Hospital & Healthcare Foundation.

PLEASE DIRECT MY GIFT TO:

❑ Needed equipment

❑ Wherever the need is the greatest

❑ Other: _____

❑ I have remembered the SPHHF in my will

❑ I would like info on how to make a gift to the SPHHF in my will

A receipt will be issued to acknowledge your generosity.
BN 11913 0540 RR0001

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Sidney, BC V8L 3A2
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