

PARTNERS

SUMMER 2026

*New Infection Control
Measures in Place*

*Enhancing Surgical
Services & Parking*

*Message From
Board Chair
Chris
Straub*

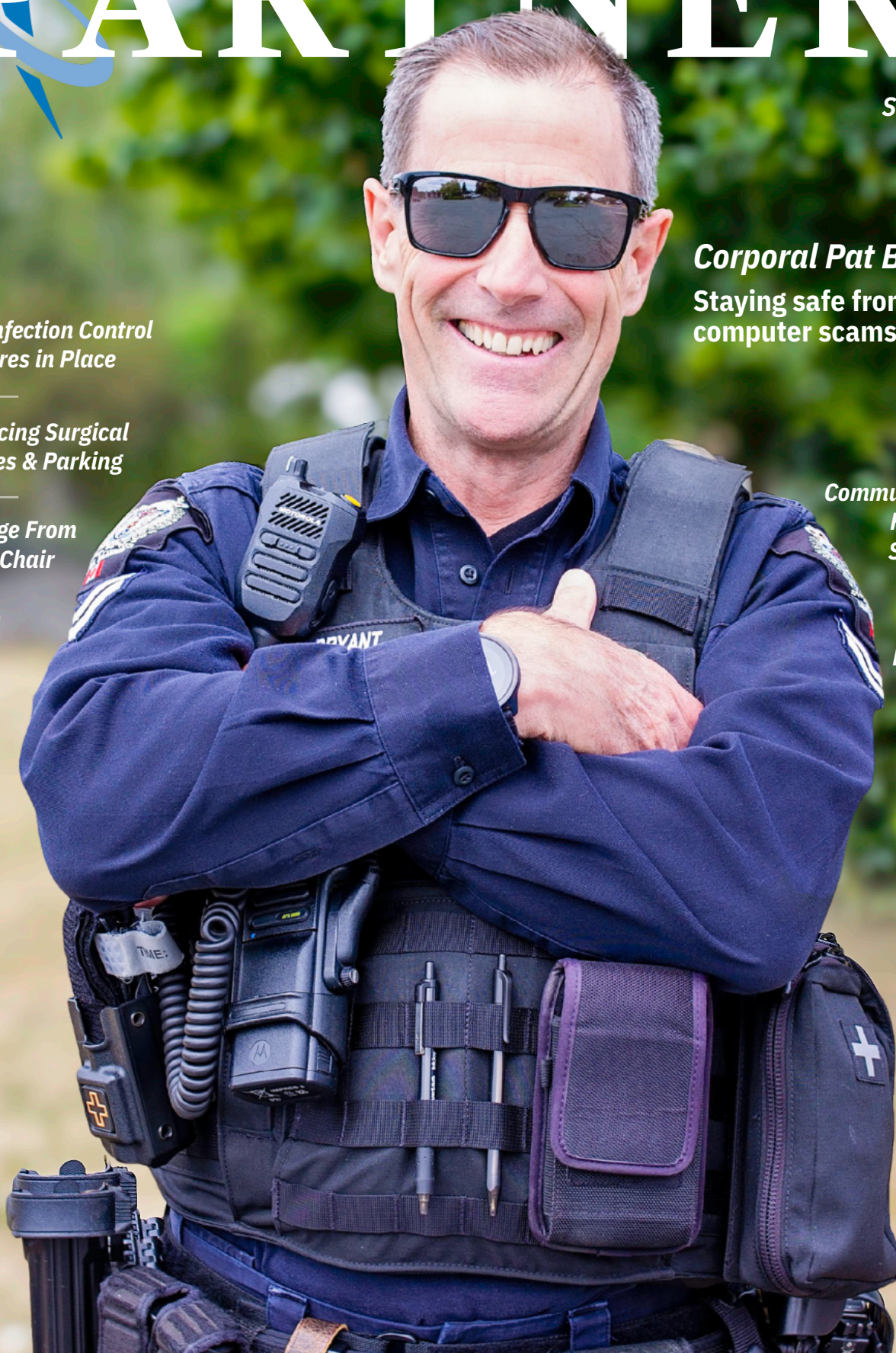
Corporal Pat Bryant

***Staying safe from
computer scams***

***Community Fundraising
Highlight: Stelly's
Secondary School***

***Spirit Gala -
Enchanted Forest
Tickets on Sale***

***Foundation
Updates***



A Message from our Board Chair

Dear Community Members,

As my term as Board Chair comes to an end this September, I have been reflecting on the generosity and commitment our community has shown throughout my time with the Saanich Peninsula Hospital & Healthcare Foundation.

When I joined the Board as a Director in 2018, I quickly came to understand how deeply this community cares about health care on the Saanich Peninsula and the people who depend on it every day. In 2023, I was honoured to accept the role of Board Chair, and it has been a privilege to serve alongside dedicated Board members, Foundation staff, donors, volunteers, and health-care teams who share a commitment to improving health care across our region.

The Foundation has been supporting local health care for more than 40 years. During my time on the Board, I have seen firsthand the impact community philanthropy can have. Together, donors have supported long-term care, primary care, physician recruitment, palliative care, Emergency Department services, surgical care, critical equipment, patient comfort initiatives, and emerging priorities as needs arise.

I am proud to have been part of two major fundraising campaigns - the Acute Care Unit Campaign raised \$15 million, an extraordinary achievement made possible by the generosity of this community. Today, our Enhancing Surgical Services & Parking Campaign is building on that momentum, with a goal of raising \$4.2 million to upgrade surgical equipment and expand parking at SPH. The Foundation has also evolved beyond fundraising, broadening its impact through programs and initiatives that support our hospital and community.

We have introduced new opportunities for connection, including the Four Seasons Community Café, a free educational series that brings community members together to learn from local experts, and launched the Community Fundraising Initiatives program to make it easier for community members to fundraise in support of local health care. We have strengthened communication with Island Health, and in 2025, our Spirit Gala raised almost \$1.1 million, the most ever raised by the Foundation in a single evening.

Looking ahead, the need for strong community support will continue. Our population is aging, health-care needs are growing, and modern equipment, technology, and facilities are essential to ensuring patients receive the care they need.

It has been my great honour to serve as Board Chair. As I move into the role of Past Chair for the coming year, I do so with deep gratitude and confidence in the Foundation's future.

Thank you for your generosity, trust, and commitment to local health care.

With gratitude,



Christopher Straub,
Board Chair, SPHFF



A Message from our CEO

As health care continues to evolve, so does the role of the Saanich Peninsula Hospital & Healthcare Foundation. Guided by the voices of our donors, medical professionals, and system partners, we strive to make a meaningful impact across our community. Through donor support, we advocate for and invest in initiatives that strengthen health care, support our hospital staff, and direct donor funds where the need is greatest.

This past year has demonstrated what can be achieved when a community comes together around a shared purpose. Many of our donors shared concerns about the shortage of family physicians on the Saanich Peninsula. We listened and took action. Through our Healthcare Assist Recruitment Program (HARP), donor funding helps recruit and support family physicians as they establish their practices. Thirteen physicians have already been recruited, with funding committed for eight more. When complete, the program has the potential to connect more than 26,000 residents with access to a family physician, improving health outcomes while reducing pressure on our hospital.

Important work is also advancing at Saanich Peninsula Hospital. Following extensive collaboration with Island Health, finalized plans for the Acute Care Unit renovation have now been approved. An additional \$1.5 million investment has brought the Foundation's total commitment to \$16.5 million. This increased commitment has been made possible through the generosity of our donors. The updated design includes improved patient rooms, greater privacy, enhanced infection prevention, and upgraded workspaces for health-care teams. We look forward to seeing this important project move into construction.

**"We listened
and took
action"**

Momentum continues through our Enhancing Surgical Services & Parking Campaign. Planning and design work for the parking expansion is well underway, with construction anticipated this fall. Plans include 103 new parking spaces, additional accessible parking, and a new parking layout that will bring patient and visitor parking closer to the hospital.

Alongside these improvements, donor support continues to fund surgical equipment, staff education, long-term care programs, and other priorities.

As we look ahead, our focus remains clear. We will continue responding to our community's changing health-care needs while investing in projects and programs that create lasting impact. Access to emergency care around the clock remains an important priority. We will continue working alongside Island Health, advocating for solutions that support the return of 24/7 Emergency Department services and offering support where we can. Every initiative reflects our commitment to improving care today while preparing for tomorrow. Thank you for your continued support and confidence in our work. Together, we are building on a strong foundation and creating meaningful change for generations to come.

Kind regards,



Heather Edward,
CEO, SPHCF



Your Foundation at Work

Community support helps the Saanich Peninsula Hospital & Healthcare Foundation invest where the need is greatest. From patient care and staff education to community programs and new equipment, here are just a few of the ways those investments are making a difference.

Caring For Patients

- Diagnostic imaging and emergency care equipment
- Ophthalmology and surgical technology, including a new Cataract Console
- Pharmacy medication preparation equipment
- Infection prevention upgrades, including MEIKO washer-disinfectors and renovated soiled utility rooms
- Long-Term Care enhancements, pressure-relieving mattresses
- Kitchen equipment to support meal preparation for patients and residents

Supporting Healthcare Teams

Recent investments include:

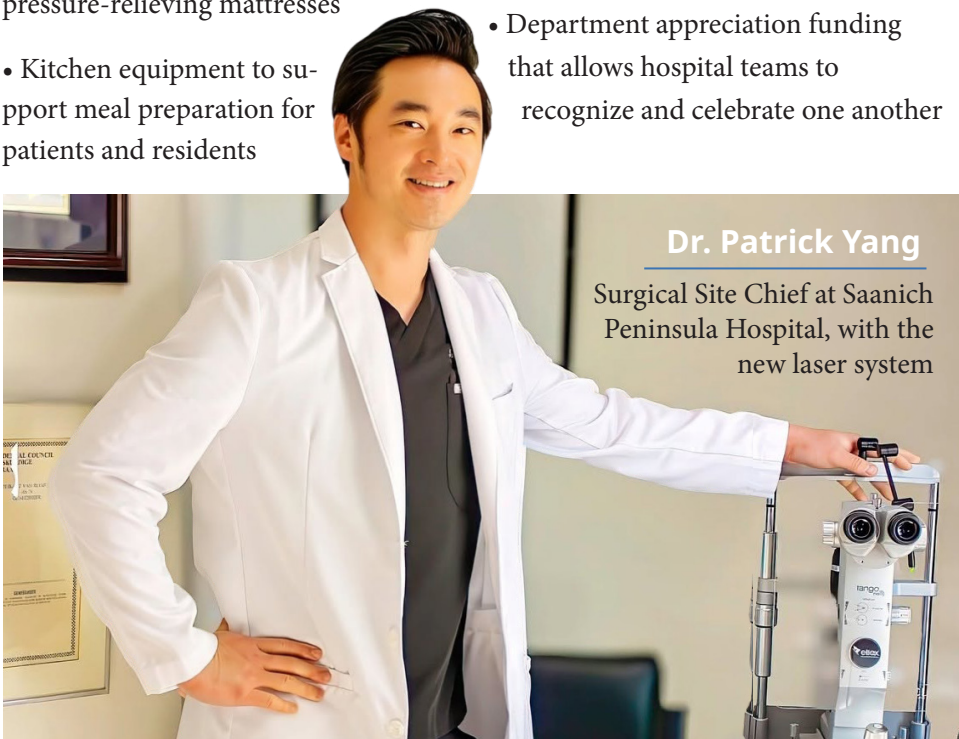
- \$100,000 committed to staff education and bursaries
- Clinical education, emergency training, and professional development
- Physician recruitment through the Healthcare Assist Recruitment Program (HARP)
- Staff appreciation initiatives across Saanich Peninsula Hospital
- Department appreciation funding that allows hospital teams to recognize and celebrate one another

Investing In Our Community

The Foundation's work extends beyond the walls of the hospital, supporting programs and initiatives that improve access to care and strengthen the health of our community.

Community support has helped fund:

- The Healthcare Assist Recruitment Program (HARP)
- Equipment for the Public Health Unit
- Long-Term Care recreation, music, and horticultural programs
- Emerging priorities as new healthcare needs arise



*Figures reflect the 2025–2026 Fiscal Year

45+
projects funded

\$3.5M+
invested in patient care

\$20M+
committed through two capital campaigns

Clean Area

Hidden Impact

Kristie Harding, Infection Prevention and Control Practitioner at Saanich Peninsula Hospital, shares how a simple conversation became a project with lasting impact.



Some of the most meaningful improvements in health care happen behind the scenes. Thanks to donor support, the Saanich Peninsula Hospital & Healthcare Foundation committed \$180,000 to renovate two soiled utility rooms on the Extended Care Units and purchase two new MEIKO washer-disinfector units. While patients may never see this equipment, these upgrades play an important role in infection prevention, patient safety, and supporting frontline staff.

It wasn't unusual for Heather Edward to pop in to the SPH Infection Prevention and Control (IPAC) office on a random Thursday - the Saanich Peninsula Hospital & Healthcare Foundation (SPHMF) routinely keeps a pulse on IPAC happenings at the site. But on this particular day, her question "So what is one thing you feel would be important for this site from an IPAC standpoint?" – sparked a conversation about one of the less glamorous realities of health care delivery and patient safety: managing human waste and re-usable patient care equipment.

IPAC programs have a critical role in patient safety – not just at the bedside, but throughout the entire physical environment of a hospital. To minimize the spread of infectious organisms, IPAC works collaboratively with many teams across Island Health on proper ventilation and water systems, design and maintenance of health-care facilities, supporting correct hand hygiene facilities, reviewing products and equipment for patient use, and cleaning, disinfecting and sterilizing processes.

The soiled utility rooms on SPH's Extended Care Units (ECU) lacked appropriate space and equipment for managing the volume of items requiring cleaning and disinfection. These spaces are used to hold and manage used and soiled patient care items. Renovating these spaces in a busy hospital is often costly and competes with many other urgent priorities. Through the generous funding of SPHMF, SPH ECU was able to purchase and install 2 new MEIKO washer/disinfector units and fully renovate these rooms, creating a better separation between clean and dirty equipment thus improving workflow for frontline staff.

Preventing the spread of infections in health-care settings depends on collaboration and teamwork with every member of the care team, across all departments. It is important to build safe practices into every process, every workflow and every environment. Thanks to this investment, our ECUs are better equipped to deliver exactly that.

Your Guide to Staying Safe Online



Corporal Pat Bryant recently joined us at the Saanich Peninsula Hospital & Healthcare Foundation's Four Seasons Community Café, a free community event that brings people together to learn, connect, and engage with local experts. Pat's presentation on scam prevention attracted a full house, highlighting the growing concern many people have about fraud and online safety. A 37-year police veteran and Central Saanich Police's Community Engagement and School Resource Officer, Pat regularly educates community members about current scam trends and practical ways to stay safe. We're grateful he has shared some of his expertise with PARTNERS readers. In the following article, Pat offers simple tips to help protect yourself, your personal information, and your finances from today's increasingly sophisticated scams.

Anyone can be targeted by a computer scam, and scammers often try to create panic, urgency, or confusion so people act before they have time to think. A simple safety rule is: stop, think, and check. Taking a few extra moments can prevent a costly mistake and protect both your money and your personal information.

Current scam trends we see on the Peninsula include fake bank texts or calls, parcel delivery alerts, account warnings, AI voice scams that sound like a loved one, fake tech support messages, QR code scams, and online investment or cryptocurrency fraud. Some scams start with an email or text that looks official. Others come by phone from someone pretending to work for your bank, a store, the government, or a computer company. Their goal is often the same: to get your money, passwords, or access to your computer.

Do not click on links, pop-ups, or attachments you do not recognize, even if a message seems to come from a trusted source. If a text or email says there is a problem with your account, delivery, or device, do not respond right away. Instead, contact the organization yourself using a phone number or website you find independently. Never use the phone number or link provided in a suspicious message.

"Taking a few extra moments can prevent a costly mistake and protect both your money and your personal information."

— Corporal Pat Bryant, Central Saanich Police

Never share personal information, banking details, passwords, PINs, or security codes with someone who contacts you unexpectedly by phone, email, or text. Real companies and government offices will not pressure you to pay with gift cards, cryptocurrency, or wire transfers. If something does not feel right, pause and talk to someone you trust before sending money, sharing information, or allowing anyone to access your computer remotely.

It also helps to use strong passwords, turn on two-step verification when available, and keep your computer, tablet, or phone updated. Be extra cautious with anyone claiming to be tech support who wants remote access to your device. If you think you may have been targeted, stop the conversation, contact your bank or credit union right away, change your passwords, and report the incident to police or the Canadian Anti-Fraud Centre.

Saanich Peninsula Hospital & Healthcare Foundation

SPIRIT GALA

ENCHANTED FOREST

Presented by



PENINSULA
CO-OP



SATURDAY, NOVEMBER 14th, 2026

MARY WINSPEAR CENTRE

DOORS & COCKTAIL RECEPTION 5:00 PM



**3 COURSE
DINNER**



**COMPLIMENTARY
DRINKS**



**ENTERTAINMENT BY
THE HAVEN**

**FUNDS RAISED WILL GO TOWARD THE
SAANICH PENINSULA HOSPITAL & HEALTHCARE FOUNDATION.**



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The McNaughton Group

Financial strategies that help strengthen healthcare in our community

Chuck McNaughton is a Senior Wealth Advisor with The McNaughton Group at ScotiaMcLeod and serves as one of the Saanich Peninsula Hospital & Healthcare Foundation's wealth management advisors. For many years, Chuck and his team have supported the Foundation through both professional expertise and philanthropy, contributing more than \$170,000 in cash and in-kind donations since 2007.

Through his work with families, professionals, business owners, and charitable organizations, Chuck helps clients navigate wealth management, charitable giving, and estate planning. In the following article, he shares practical information about donating publicly traded securities, including the potential tax advantages and considerations for donors looking to support causes they care about.

Scotia Wealth Management.

The McNaughton Group at ScotiaMcLeod is proud to serve families, professionals, business owners, and community organizations with thoughtful, personalized wealth management advice. As a team deeply committed to the community we call home, we are proud of our many years of collaboration with the Saanich Peninsula Hospital & Healthcare Foundation. One of the ways we help support the foundation is by accepting and processing donations of publicly traded securities, making it easier for donors to contribute in a tax-efficient and meaningful way.

What are Securities Donations?

- Aside from cash, donations can be made by making “in-kind” donations of tradable securities such as stocks, bonds, mutual funds and ETF’s.
- “In-kind” donations are typically valued at the closing price of the security on the day of receipt.
- Most charities sell the security immediately to ensure the value of the gift is realized.

Benefits of Securities Donations

- Capital gains on the donation of tradable securities are tax-exempt.
- Making a security donation also shares the usual benefits of cash donations:
 1. An individual can claim a tax credit on a qualified donation of up to 75% of their net income.
 2. For estate planning, the tax credit can be claimed up to 100% of net income in the year of death and the year prior.
 3. Unused claims may be carried forward for up to five years.

Are Securities Donations right for you?

Donating publicly traded securities may be worth considering if one or more of the following situations applies to you:

- You are in a high marginal tax bracket and would like to make a meaningful charitable donation in a tax-efficient way.
- You hold return of capital investments, such as T-series mutual funds or flow-through shares, with an adjusted cost base that is near zero.
- You own appreciated investments that no longer align with your investment objectives or you are looking for an opportunity to realize market gains while supporting a charitable cause.

A Word on Alternative Minimum Tax (AMT)

AMT is an alternative way to calculate Canadian income tax when you earn preferentially taxed income, such as capital gains and dividends from Canadian corporations, in excess of an annual exemption.

The 2023 federal budget proposed changes to the Alternative Minimum Tax (AMT). There were many changes to AMT but one that directly impacts security donations is: The inclusion of 30% (from 0%) of capital gains on donations of shares (or employee stock options) of publicly listed securities. Consult with your tax preparer to find out if you could be subject to AMT.

**“Our
waitlists
grow
every
day.**

**We can
change
that.”**

BRIANNA CARMICHAEL

Perioperative RN,
Saanich Peninsula Hospital

Our community is
only getting bigger.
Help us expand our
surgical services.

www.sphf.ca/donate



**SAANICH PENINSULA
HOSPITAL & HEALTHCARE
FOUNDATION**

Young Leaders, Lasting Impact

Stelly's Students Turn an Idea into Action for Local Healthcare

When three Grade 11 students at Stelly's Secondary School set out to complete a community action project, they wanted to make a meaningful difference locally. As part of Stelly's Global Perspectives program, Maria, Izzy, and Esmee organized a community movie night in support of the Saanich Peninsula Hospital & Healthcare Foundation, raising \$630 for local health care.

Stelly's Global Perspectives program gives Grade 11 and 12 students the opportunity to explore local and global issues through hands-on learning. In Grade 11, students identify a need within their own community before designing and leading a project that creates positive change. In Grade 12, they expand their focus internationally, applying the same principles of service and leadership through global partnerships and initiatives. Guided by teachers Catherine Wallace and Chris McDonald, the program helps students develop leadership, collaboration, and problem-solving skills while making a meaningful impact both locally and abroad.

For Maria, Izzy and Esmee, healthcare was a natural choice. "We definitely wanted to do something with health care," the students shared. "The Foundation was something local, and it felt like a great way to give back to our community." Turning the idea into reality wasn't without challenges. The team explored several fundraising ideas before settling on a movie night. They navigated movie licensing requirements, secured concessions, coordinated advertising, and organized the event themselves- all while balancing school responsibilities.

"It took us a while to figure out exactly what we wanted to do," they explained. "Once we had a plan, it was go time." Despite the learning curve, the event was well attended and raised \$630 to support healthcare initiatives at Saanich Peninsula Hospital. The experience also reinforced something even bigger. All three students expressed an interest in careers that serve others, with health care remaining a possibility for several of them.

"Community Fundraising Initiatives like this show that generosity has no age limit."

"We're incredibly grateful to Maria, Izzy and Esmee, and to the Global Perspectives program at Stelly's Secondary School, for choosing to support local healthcare," said Heather Edward, CEO of the Saanich Peninsula Hospital & Healthcare Foundation. "Community Fundraising Initiatives like this show that generosity has no age limit. It's inspiring to see young people taking the lead and creating positive change in their own community."

Community Fundraising Initiatives are an important part of the Foundation's work, bringing together schools, businesses, families, and community groups who choose to support local health care in creative and meaningful ways.

Thank you Maria, Izzy, Esmee, Catherine Wallace, Chris McDonald, and everyone who attended Movie Night for helping support local health care through your generosity and community spirit.



Your support matters.

Name:

Address:

City:

Postal Code:

Email:

Phone:

Enclosed is my tax deductible gift of:

☐ \$1000 ☐ \$500 ☐ \$250 ☐ \$100 ☐ \$50

☐ Other amount: \$

☐ Cheque enclosed ☐ Visa ☐ Mastercard

Card No.:

Expiry Date: CVV:

Signature:

☐ I would like to make a monthly donation of

\$

☐ Credit card ☐ Void cheque enclosed

☐ I would like to receive occasional email updates and information from the Saanich Peninsula Hospital & Healthcare Foundation.

PLEASE DIRECT MY DONATION TO:

☐ Current campaign

☐ Wherever the need is greatest

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☐ I would like info on how to make a gift to SPHHF in my will

Or contact directly:

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telephone: 250-656-2948

All donations of \$20 or greater will receive a SPHHF charitable receipt.
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☐ Please email me my receipt in lieu of a mailed tax receipt

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Hospital Office:

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Saanichton, BC V8M 2B2

Ph: 250-652-7531

Sidney Office:

A2-9769 Fifth St.

Sidney, BC V8L 2X1

Ph: 250-656-2948

Online donations: www.sphf.ca

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