



PARTNERS

OF THE SAANICH PENINSULA HOSPITAL & HEALTHCARE FOUNDATION

WINTER 2023

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Revitalize & Thrive:

Transforming Saanich Peninsula Hospital Acute Care Unit for a Healthier Tomorrow



"Issues of privacy, new standards in infection control and our ongoing migration to a totally paperless health care system make the renovation of ACU a vital endeavour for your hospital."

Dr. Ambrose Marsh,
Campaign Chair

cover story



Partners is produced by the Saanich Peninsula Hospital & Healthcare Foundation.

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Moving? If you have moved, or are moving, please let us know and we will make appropriate changes to our mailing records.

If you would prefer to receive this newsletter by email to save mailing costs and trees, please email us to let us know: info@sphf.ca

Revitalize & Thrive:

Transforming Saanich Peninsula Hospital Acute Care Unit for a Healthier Tomorrow

Dear Friends,

With great excitement, I announce the honour bestowed upon me as Fundraising Campaign Chair.

This campaign's goals are necessary—A major renovation of the Acute Care Unit!

SPH Acute Care Unit (ACU) was opened in 1978. We have worked within that—essentially unchanged—space for all of these years even with so many advancements in medical technology.

The need for this renovation and upgrade was identified and proposed even before I retired from my Island Health Administrative roles in 2019. But with COVID, an enormous across-the-board staffing crisis, and other challenges, this project had been delayed—until now.

Issues of privacy, new standards in infection control and our ongoing migration to a totally paperless health care system make the renovation of ACU a vital endeavour.

Our present central workspace is a warren of desks and it is inefficient and inadequate. We all need computer access for documents in order to monitor the care we are providing.

I and many others believe that this renovation will bring SPH to a physical place that will match its long standing reputation of outstanding caring and compassion AND that this will help

enormously in our goals of recruitment and retention for all members of our Health Care Team.

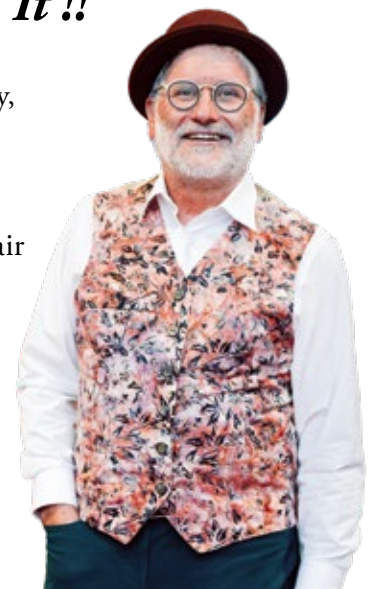
As I crawl toward total retirement (as some of you know I can still be seen wandering the halls of our medical community), this role fits perfectly with my desire to continue to support this wonderful facility and dedicated staff and to improve morale within the work place environment.

With the help of my wife Dr Leah Norgrove, and the SPHMF team, we will make this campaign fun, entertaining and successful, so that healthcare in our hospital and community will continue to strive to the high level we've always aimed to achieve.

***I Can't Wait !!!...
Let's Do It !!***

Yours Faithfully,

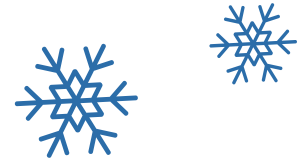
Dr. Ambrose Marsh,
Campaign Chair





We asked for your help again this year and you said yes!

Sarah Bragg, President & CEO



As we approach the end of another calendar year and the holidays, I am overwhelmed by the caring and generosity of the people who call the peninsula home. Reflecting on the past year, we asked you to give in support of equipment purchases for the Emergency Department and Operating Room, as well as the Doctor of the Day program at the hospital. You answered the call and helped us surpass our annual campaign total, raising \$2.4 million.

On October 28th the Foundation hosted the newly branded *Spirit Gala*. We were excited to have 230 people in attendance, including several new Corporate Sponsors. In one night, we raised an amazing \$618,000 in support of the Acute Care Renovation campaign.

As we look forward, this year the Foundation is launching its largest campaign ever. The goal is to raise \$15 million, in support of much-needed renovations and upgrades to the Acute Care Unit at the hospital. Saanich Peninsula Hospital turns 50 this year and, as with all aging facilities, the spaces for patients, visitors, and staff have become outdated and do not meet new guidelines and recommendations.

When this exciting project is completed, there will be newly renovated patient rooms, nursing and physician workstations, medication dispensing and equipment storage areas. These improvements will be better for patients and care teams and will bring the Acute Care Unit up to date for decades to come.

With your help, we will continue to raise the bar and reach new milestones in support of our amazing hospital. Your support will allow our hospital to offer new programs and services, to better serve the healthcare needs of peninsula residents close to home.

It has been another incredible year for the Foundation team, where our fundraising efforts have exceeded budget projections and administrative costs were amongst the best in Canada.

Thank you to our “small but mighty” Foundation team and Board, for their dedication and determination to make this another landmark year.

SOME HIGHLIGHTS FROM THE 2022/2023 AUDITED FINANCIAL REPORT

REVENUE

Total revenues – **\$5,251,038**

EXPENSES

Total grants to SPH – **\$2,590,296**

Total grants to community healthcare – **\$234,395**

Total disbursements – **\$3,068,065**

Total administrative costs – **\$846,525**

Expenses as a percentage of revenue – **16.12%**

Investments at year-end – **\$20,640,366**

I am so grateful to our community, for showing how much you care about Saanich Peninsula Hospital. **You make all the difference**, and your support will ensure SPH remains a centre of excellence now and well into the future.

\$15 million is a really big number, but with your help I know we will knock this campaign out of the park... **We can do this together!**

As we approach the end of the year, on behalf of everyone at the Foundation thank you so much for being part of the SPH family. We wish you and yours all the best of the season and an amazing year ahead! ■

Happy Holidays!

Sarah



My name is **Chris Straub**, and I'm honored to serve as the newly appointed Chair of the Board of Directors of the Saanich Peninsula Hospital & Healthcare Foundation. I'm reaching out to seek your support for our new two-year, \$15 million fundraising campaign, which aims to fund a comprehensive renovation of the Acute Care Unit (ACU) at our hospital.

Over the past year, we've witnessed incredible support for both the Foundation and Saanich Peninsula Hospital. Together, we've provided crucial resources, including state-of-the-art equipment for the Emergency and Surgical Departments and sustaining the Doctor of the Day program, addressing the community's most urgent healthcare needs.

Now, our focus is on fully renovating and modernizing the ACU, which is vital for recovery of surgical patients, providing extended observation and in-patient care. Recent years, especially during the COVID pandemic, have highlighted the pressing need for modern ACU facilities, ensuring patient safety, comfort, and efficient staff interactions.

By contributing to this cause, you directly impact the well-being of your family, friends, and neighbors in our community. The foundation supports the hospital

through donors like you, and we are dedicated to maximizing the impact of every donation.

I encourage you to consider contributing to our cause. We invite you to give in support of this year's campaign, visit sphf.ca, call us at 250-656-2948 or complete and mail in the donation form provided here. It's up to all of us, to ensure our community hospital continues to provide the highest level of excellence.

On behalf of Saanich Peninsula Hospital, the Foundation's Board & Staff, and everyone involved, I extend my heartfelt thanks for your care and generosity.

This community has shown it cares about Saanich Peninsula Hospital. Let's continue changing it for the better, together.

Sincerely,



Chris Straub
Saanich Peninsula Hospital
& Healthcare Foundation,
Board Chair



THANK YOU TO THE BOARD OF DIRECTORS



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Supporting Saanich Peninsula Hospital: Ted's Story

After graduating from the UVic School of Nursing, Ted began working in the Acute Care Unit at Saanich Peninsula Hospital in 2015. "As a new nurse at SPH, I found it a bit intimidating to care for so many seriously ill patients, but I had a lot of support from more experienced nurses – the nursing staff is fantastic!"

"Many patients and their families have told me how much it means to see a friendly face, a nurse they know in the Acute Care Unit. That doesn't often happen in a larger hospital."

Ted Garbutt,
Registered Nurse,
SPH ACU



Ted and his wife Krista, a nurse educator at SPH, moved out to the peninsula six years ago and have established deep roots in the community through family, work, and their kids' school. "Many patients and their families have told me how much it means to see a friendly face, a nurse they know in the Acute Care Unit. That doesn't often happen in a larger hospital. Even though the rooms are crowded and the chairs not too comfortable, people have said to us, 'Okay, I can live with this because the people who work at SPH are terrific and connect so well with patients and their families.'"

Ted says that the Acute Care ward, which was built over forty years ago, has many walls and closed-door areas, which means some of the needed equipment must be stored in out-of-the-way places. "The main supply area is located at one end of the Acute Care Unit, so it's quite a task to go back and forth all day if you are working at the other end."

Redesigning the ward would have all the amenities—such as the supply room, blanket warmers, and patient kitchen—in a more central location so that supply access can be quick and convenient. Updated equipment, such as bedside telemetry monitors for every bed, would improve patient care. A nursing station at each end of the ward would be invaluable. "I hope the renovation will open things up and make it easier to assist patients and get to everything we need for them."

"Some patients we care for mention that they donate funds to SPH, and they seem proud of that and should be! Their donation shows they value this incredible community as much as I do. It's a great little place, and it's just so important to have this hospital out here to take care of our community." ■



2023 Spirit Gala Raises Over \$600,000!

We were so pleased to have hosted a record number of guests to our signature event on Saturday, October 21st, 2023! The newly branded Spirit Gala, presented by Peninsula Co-op, was held at the Mary Winspear Centre, where we transformed the Bodine Hall to reflect this year's theme – Celestial Celebration. This year we raised our biggest total ever of \$618,000 – simply incredible!

It was an out-of-this-world evening, from the wines, to the three course meal, to the 'celestial' lighting and decor. SPH's Spiritual Health Practitioner, Oceanna Hall generously donated her time and skill by offering guests tarot readings. Cascadia Strings had us playing name-that-tune with their rendition of pop songs in classical form

and we surprised and delighted our guests with a performer from The Rising - Victoria Centre for Circus Arts! We were inspired by our special speakers, this year's Campaign Chair, Dr. Ambrose Marsh; Saanich North and the Islands MLA Adam Olsen; Island Health's Marko Peljhan, Vice President, Clinical Services Central/South Island and Provincial Programs; as well as our newly appointed SPHMF Board Chair, Chris Straub. Tom Watson led us through the evening as our emcee and our thanks go out to Jim Sinclair for his auctioneering skill during the live auction. The night wrapped up with band Shaky Ground, who had us on our feet dancing the night away to decades of classic hits.

There were a record number of sponsors this year and local businesses

played a significant role in the success of the gala by generously donating a wide array of items for both online and live auctions. There were so many exciting opportunities to support the needs of patients and staff, ensuring that Saanich Peninsula Hospital remains a centre of excellence in our community.

From Board Chair, Chris Straub, "People in this community feel very strongly about our hospital. That sentiment was clear to see at the Gala, where supporters donated a record-breaking \$618,000. The generosity of our donors is truly inspiring, and the Foundation looks forward to putting their contributions to work for our hospital in the most effective possible way."

The proceeds from this event will support the Foundation's largest ever fundraising campaign to raise \$15 million for the renovation of the Acute Care Unit (ACU) at the hospital. The renovations and upgrades will provide a safer and enhanced patient experience, make staff spaces more efficient, and create more functional areas for patient, family, and staff interactions. The result will be a significant improvement for everyone both now and in the future. ■



SAANICH PENINSULA HOSPITAL & HEALTHCARE FOUNDATION

SPIRIT GALA

PRESENTED BY



THANK YOU to the community and our generous sponsors, for helping us raise a **RECORD \$618,000** at this year's Spirit Gala!

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Farmer's Daughter
Fickle Fig Farm Market
Five and Dime Diner
Float House Victoria
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Politano Café
Provenance Fine Things Ltd.
Rachel Meadows
Rascals Pet Market
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Rogers' Chocolates
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Sidney Pier Hotel & Spa
Sidney Waterfront Inn & Suites
Smart Dog Training
SPHHF Board Directors
Star Cinema
Stillhead Distillery
Stones Jewellery

Tanner's Books
The Butchart Gardens
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Thrifty Foods - Sidney
Tidewater Art Studio
Tim Maloney & Karen Morgan
Truffles Inspired Catering
Unsworth Vineyards
Victoria Distillers - Empress Gin
Victoria Symphony
White Spot



BUILD-A-ROOM



We're excited to invite you to be a part of transforming the ACU patient rooms through our 'Build-A-Room' program.

WHAT IS 'BUILD-A-ROOM'?

Imagine having the opportunity to directly impact the comfort, care, and overall experience of patients in the ACU. With 'Build-A-Room,' you can do just that! By making a pledge, you become a 'room builder,' helping us acquire the essential items needed for each room in the renovated ACU.



Find out more about Build-A-Room online by scanning the QR code or go to our website: <https://sphf.ca/acute-care/>

HOW IT WORKS

1. Register on our Givergy page.
2. View the furnishings and equipment needed for each ACU room. These items range from state-of-the-art medical equipment to furnishings that offer comfort and convenience to patients and their families.
3. Make your pledge.
4. An automated message will be sent to you. Build-A-Room 'pledges' qualify for a Charitable Tax Receipt.



Make *Caring* Your Legacy

Your support will ensure that the Saanich Peninsula Hospital remains at the heart of community healthcare for generations to come.

You want to have an impact on the world that your children & grandchildren will inherit. Your legacy can provide for them and your community.

Leave a gift that will last. Visit our website or speak with your financial advisor to find out how to make a gift that will leave a positive and lasting difference.

250-656-2948 sphf.ca  



Dr. Molly Forrester: on making a better Acute Care Unit



As a medical student, Dr. Molly Forrester became part of the Saanich Peninsula Hospital family in 2010. She worked with Dr. Ambrose Marsh, and recalls, “In large part he is the reason I chose to stay and practice medicine here. I love Saanich Peninsula Hospital (SPH) - it has a really nice community hospital feel.”

Dr. Forrester is one of the local family physicians who provides care for patients in the Acute Care Ward. She also has a regular family practice in Sidney, delivers babies at Victoria General Hospital, and provides long-term care at two facilities. “Most family doctors at SPH do many different things besides our work here.” Rather than hospitalists staffing SPH, like at the downtown hospitals, community family doctors provide this service. Many physicians admit and follow their own patients

at SPH, and often work seven days straight when covering Acute Care.

“I hope renovations to the Acute Care Unit will make the job easier for the Nurses and Care Aides because they do the lion’s share of the work. Over the last few years, we have seen an increase in the complexity of patients admitted at SPH and the weight of the care is on the backs of the RNs, LPNs, and HCAs. I think it would be awesome if their jobs were made easier through infrastructure changes. Of course I would love to see the updates benefit patients in their recovery and make visiting easier for families, too.”

“I am very SaanPen proud. There is such a legacy of incredibly dedicated, compassionate and hard-working physicians that, for decades, have kept this hospital afloat. It’s a really tight-knit community of health

“Over the last few years, we have seen an increase in the complexity of patients admitted at SPH and the weight of the care is on the backs of the RNs, LPNs, and Health Care Aids.”

care workers; we’re there for each other, we support each other, and I think that’s what makes this place really special.” ■

Holiday Office Closure & Year End Donations

The Foundation offices will be closed from Friday December 22nd at noon to Tuesday January 2nd, to give the team a much needed break with their families.

In order to qualify for a year-end tax receipt, all 2023 donations must either be dropped at the Sidney office, or post-marked on or before December 31st 2023.

On behalf of the Board & Staff at **Saanich Peninsula Hospital & Healthcare Foundation**, thank you and **we wish you Happy Holidays!**

YEAR-END DONATIONS CAN BE MAILED TO:
Saanich Peninsula Hospital & Healthcare Foundation
2166 Mt. Newton X Road, Saanichton, BC, V8M 2B2

OR DROPPED OFF AT THE SIDNEY OFFICE:
The Sidney office, located at 9710 Third Street, also has a secure mailbox on the left-hand side of the building, which is checked frequently over the holidays.



Have you made your last will and testament?

This is not to be confused with a Living Will

by Barbara Harwood

According to the prefacing remarks for Make A Will Week October 1 through 7 2023, 50% of British Columbia residents under the age of 55 have not made a will whereas 80% over the age of 55 have a legally valid and up to date last will and testament. You have to be of “sound mind” when you prepare your will whatever route you choose to take. Anyone over the age of 16 is eligible, but the witnesses must be 19 plus.

In recent months I have asked several friends if they have made their final wishes known to family members. Many have, but there are still a few that resist.

Why? “I have nothing to leave to anyone.” “I cannot afford to.” “I am not that old.” “My children know that all my assets will be divided between them.” And other reasons.

In this day and age, it is not always necessary to speak to a lawyer, but although you may think your wishes are simple, it is probably a good idea to be certain. I made my first will when I was 42 years of age. I can hear the exclamations... “What? Why? Waste of money.” The “why?” is easy to explain. My husband had been transferred to Nova Scotia from England for a three year period and we knew no one. Thankfully the plan I installed was not necessary.

As my personal situation changed over the years, and I am a widow, I updated my will accordingly. Fast

forward to 2023. One daughter lives in Ontario and the other in Nova Scotia is herself a grandmother. I have discussed my wishes with them. On the advice of my lawyer, I have appointed a close friend as my second executrix in case my elder daughter is not able to take on that role immediately. I know I am not immortal, and I want my passing to be as easy as possible for those left behind. We are now into four generations of family members and all need to be respected. I made a list of items of interest still in my possession from which adult family members have made decisions about their preferences. We each have a copy of that list which will be honoured when I die. Time well spent, but not done in a day.

If you die without a will, your estate has to go through probate. There will be a tax on the total value of your estate, plus legal fees, which can range from \$2,000 to \$5,000 for the application. You won't be able to leave any gifts to charity without a will in place. All the estate assets are distributed in accordance with the *Wills, Estates and Succession Act of British Columbia*. That could cause distress among family members who feel their inheritance should have been greater than that of siblings. This lengthy document is available for you to read on line and it covers all the situations that may be on your mind. It came into law on March 31 2014. I recommend you spend some time reading the 2014 Act.



Remember, that if you have property in another province or country, there will be different rules about the succession order. You are also advised to study the safest way to leave money to a minor assuming you will predecease that child. At what age do you want the child to access that money? Will it be used for further education?

If you do not believe you need the advice of a lawyer, it is easy to find low-cost legal forms either on line or at an office supply store. They retail at around \$25.00. They come with instructions and the forms have blank spaces for your personal information and the name of your executor and your beneficiaries. You will need two people who are not beneficiaries to witness the completed forms. Since December 1 2021 you can legally create an electronic will and are strongly advised to store it in a PDF file on your computer. Again, to be sure you are correct, read the information posted on the **Make a Will Week 2023 site**. <https://www2.gov.bc.ca/gov/content/life-events/death/wills-estates/make-a-will-week>

It may not be easy to talk to your family members about your passing, but they will love you if you make that passing easier for them. You will have peace of mind. ■

Good NEWS



Total gifts \$15,200

Pictured left to right: Peter Tanner, Sarah Bragg & Kyle McGregor

FIRM MANAGEMENT

A BIG thank you to Firm Management and congratulations to them on another successful Golf Tournament! Each September Firm Management hosts a Charity Golf Tournament to raise funds for SPHMF and Victoria Hospice Society. Through this annual tournament, they have donated \$225,000 to the Saanich Peninsula Hospital. Kyle McGregor and Peter Tanner, two of the new ownership of Firm Management, stopped by the hospital to present the Foundation a cheque for \$15,200, in support of our current campaign to renovate the Acute Care Unit! We are so grateful to Kyle, Peter and the amazing team at Firm Management for their continued support and efforts in making this tournament a wonderful community event to benefit healthcare on the Peninsula. ■



RIVA



IN THE SPIRIT OF THE HOLIDAY SEASON

Donna Phillips, Director of Riva Restaurant in Sidney, announces a **donation to Saanich Peninsula Hospital of 5% of our total December sales.**

We thank the community for the amazing support throughout the years.

Book your holiday event at Riva and help our local hospital.




Open daily at 11am | 250-656-6690 | 107-2537 Beacon Ave, Sidney | info@rivasidney.ca | www.rivasidney.ca

Your support matters more than ever.

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Enclosed is my tax deductible gift of:

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Card No.:

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I would like to make a monthly donation of
\$

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I would like to receive occasional email updates and information from the Saanich Peninsula Hospital & Healthcare Foundation.

PLEASE DIRECT MY GIFT TO:

- Needed equipment
- Wherever the need is the greatest
- Other: _____

- I have remembered SPHMF in my will
 - I would like info on how to make a gift to SPHMF in my will
- Or contact directly: Bren Moroz-Pettyjohn
Legacy Giving & Community Engagement Manager
Brenda.moroz-pettyjohn@sphf.ca

All donations of \$20 or greater will receive a SPHMF charitable receipt.
BN 11913 0540 RR0001

Please email me my receipt in lieu of a mailed tax receipt

Donations gratefully received by mail:

Hospital Office: 2166 Mt Newton X Rd. Saanichton, BC V8M 2B2 Ph: 250-652-7531	Sidney Office: 9710 Third St. Sidney, BC V8L 3A2 Ph: 250-656-2948
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Online donations: www.sphf.ca

Social Media:  @sphf.ca  @sphfoundation

"In accordance with the Province of BC's *Personal Information Protection Act*, the Saanich Peninsula Hospital & Healthcare Foundation collects information required for tax receipting purposes and protects all personal information. No information of a personal nature (other than that required by the Canada Customs and Revenue Agency for tax filing purposes) will be revealed to any outside organization. From time to time the Foundation mails information regarding existing and new fundraising programs. If you would prefer not to receive such mailings, please advise our office. Your donor records are available to you for inspection upon request."

NLWIN23

