



PARTNERS

OF THE SAANICH PENINSULA HOSPITAL FOUNDATION

WINTER 2016



A PASSION FOR HEALING

Working in the hospital daycare.

We often hear about how medicine changes lives. An epi-pen can save a child, a CT scanner can pinpoint a tumour and a hip replacement can restore an older patient's quality of life. It is less common, however, to hear stories about how medicine can incite adventure or help a dream take hold.

Meet Chantal Sly. On the Peninsula and at SPH in particular, nineteen year old Chantal is a familiar face. She grew up in Central Saanich, graduated from Stelly's High School and has been volunteering regularly at SPH for over two years.

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When she isn't studying or at work, she can be found with her friends in the ECU, brightening the days of the residents – or on occasion, running around at events such as the Foundation's Tee-Off for Technology Golf Tournament, wearing tie-dye and a feather boa. If you ask her what she would like to do someday, she'll tell you without any hesitation, "an orthopaedic surgeon". But if you ask her why, the answer is a little bit longer – and very inspiring.

After completing high school Chantal wasn't sure what she wanted to do with her life. "I didn't want to go straight to school... but I didn't just want to work, either," she explains. "I had heard about this opportunity back in Grade 10, and it stuck with me." The opportunity in question was with Lattitude Global Volunteering, an organization that coordinates volunteer trips for youth around the world, sending them abroad for a period of several months to volunteer in their chosen area of interest. Chantal selected medicine and soon found herself bound for Ashikaga, Japan.

"I had thought about becoming a doctor before, but didn't think it was something I still wanted," Chantal says now. "The opportunity to work in a hospital in Ashikaga would not only be a great experience, but the perfect way to decide if I was cut out for medicine."

Her new surroundings could not be more different from SPH. About an hour away from Tokyo, the hospital in Ashikaga was newly renovated and nine stories tall, with two floors entirely devoted to surgery. The hospital even owned the nearby apartment building where she lived – but luckily for her she wasn't totally alone. "There was one other Lattitude Global volunteer working there, a girl my age from Australia. And I loved my volunteer coordinator, Mariko. We grew super close and still text every day."

Paper Crane
Memorial for the
children who died
in the bombings at
Hiroshima and
Nagasaki.





From left to right, Mariko, Evie & Chantal (in their scrubs).

Her duties at the hospital were varied. She and the other volunteer, Evie, were tasked with cleaning rooms, bringing patients to appointments and assisting the nurses. Sometimes they worked in the hospital staff daycare with the little kids. Chantal's favourite part, however, was when they were able to watch surgeries.

When describing what it was like, her eyes light up with excitement. "We would stand in the operating room so we had to scrub in and everything. Most of the doctors spoke English and liked having us there and they would answer our questions and explain what they were doing."

The list of surgeries she watched is seemingly endless: oral, plastic, thoracic, orthopaedic and neuro. She even saw a C-section once and laparoscopic brain surgery. "That one was kind of boring," she admits, describing how there wasn't a lot to see due to the minimally invasive



technique. "My favourites were anything ortho – hip replacements and broken bones, that sort of thing."

Chantal found that hospitals in Canada and Japan are more alike than they are different and the physical rehab ward in Ashikaga reminded her in particular of SPH's ECU ward. Like at SPH, the patients there were very friendly and often keen to chat. She also pointed out with a laugh that surgeries don't go wrong nearly as often as they do on television: in all her months in the OR she saw complications occur only twice and each time the patient recovered completely.



From left to right, Chantal, Mariko & Evie (in traditional kimonos).

In March of this year Chantal finally returned to Canada and says she misses Japan all the time. Someday she would like to return and spend more time in Japan but for now she is studying to realize her dream. She currently attends Camosun and will transfer to UBC in a couple of years for kinesiology and med school. When asked if she's glad that she took time to partake in this incredible experience, she nods. "Before I went, I wasn't sure where I was going in life. But learning from the doctors in Ashikaga has inspired me to become a surgeon. Now there's nothing I want more." ■

*Written by Stephanie Siddon
Photos courtesy of Chantal Sly*

Merry Ambrose

I have been asked to give a Christmas message to the community I call Saanich Peninsula. As many of you know, I don't do (or talk) Christmas in November very well, but with deadlines and work pressures escalating (and Foundation staff hounding), it felt best to sit and think about it now before the Holiday Season gets in the way.

It's also a special time as I work towards stepping down as Chief of Staff at SPH, to think about why I have enjoyed this job so immensely for the last 16 years. (Note: While Dr. Marsh has stepped down from the Chief of Staff role, he will still be around SPH as Medical Director, Saanich Peninsula and the Gulf Islands.)

The most important word to me in my work as a physician is Relationship and the most important word in my Chief of Staff work has been Community. Together they inspire my effort in everything I do. I came to SPH in 1985 and opened my practice around Christmas 1988, so my relationship with patients and their families has now stretched over 30 years. That being said, you need to know there are a number of practicing physicians on the Peninsula with even longer terms of service.

There's another word, Service. This work is actually a service to our patients and this community.

We work hard and we work well, and it is all in the name of service to this community and our patients. Fascinatingly, I never thought of these words nor was I taught of their importance as I went through medical school.

Ours is a strong community. It is a generous community, a community with history, a diverse community AND a changing community... and you know what?? There are many such communities across the world.

As an aside, many of you know that my wife Leah and I have participated in a Palliative Care project in Tanga, Tanzania, and we get some of that same sense of Community, Relationship and Service from the people we have worked with there over the last 8 years. When you develop that long term connection with a community then the rewards of the day to day challenges outweigh the stresses.

Another fascinating realization is that when you know that the community cares, it is easier to care for the community. There are so many examples of that Caring Community concept evident just in our work at SPH:

- Volunteers who share a wide variety of caring skills with our patients and staff.
- The Auxiliary, who by sewing, knitting and jamming year round, along with selling me the occasional Tootsie Roll Pop, use the funds they raise for hospital projects and educational scholarships.



To see "Bill United", go to www.youtube.com and search: [Billstory.mov](#)

to all...

- The SPH Foundation, who funnels your generosity into a vast variety of projects from equipment, to buildings, to staff education, supporting us in recruiting new doctors to SPH, and their support in First Nation and other community based initiatives.

Over the years, I have also learned of the many other initiatives that this community performs to make it a wonderful place to be.

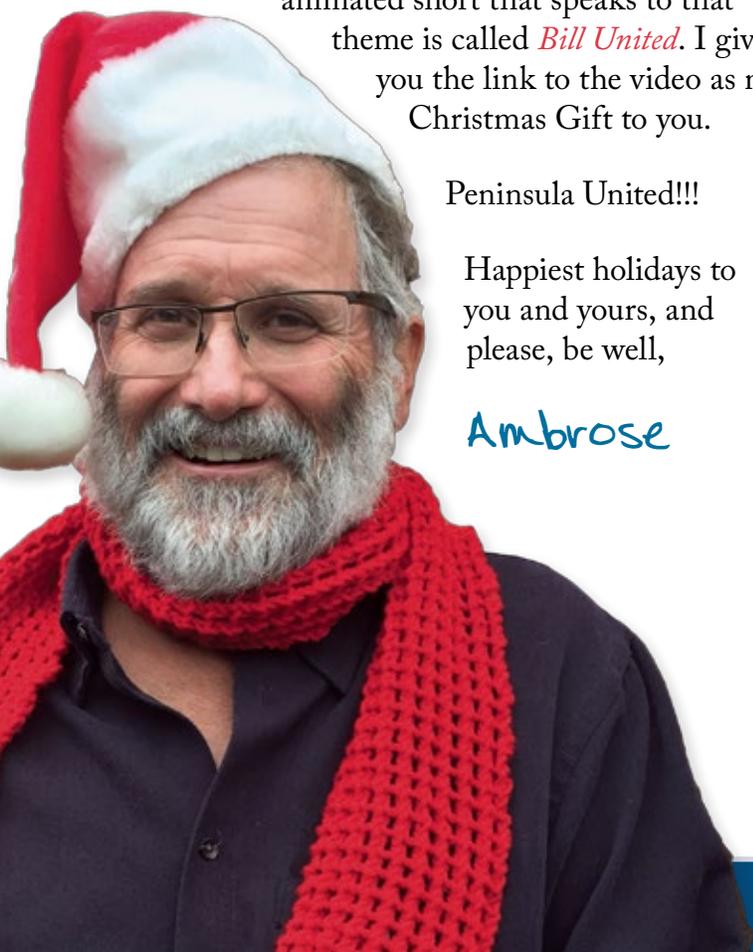
Recently, at the Canadian Palliative Care Association Conference, the keynote speaker discussed how Palliative Care is best provided by a community of supporters, and I believe that this message actually spreads to all forms of health in the community. An

animated short that speaks to that theme is called *Bill United*. I give you the link to the video as my Christmas Gift to you.

Peninsula United!!!

Happiest holidays to you and yours, and please, be well,

Ambrose



Top Five Healthy Holiday Tips from the SPH Marquise team:

The holidays are a wonderful time full of family, friends and festivities and of course, good eats! How does one maintain a healthy balance during this time? Dietitians of Canada has helpful links and tips to help you come out of the season having enjoyed it to its fullest. And from our Marquise team, their top five healthy holiday tips:

1. Drink plenty of water: It can be easy to forget to hydrate when there is eggnog and spirits everywhere. Try alternating with a glass of water or sparkling water; add some cranberry or pomegranate juice and lime or basil for a festive spritzer.
2. Get moving: Let's face it, prioritizing exercise during the holidays can be a challenge. Add in some walks or plan a family hike or ski trip for great ways to get in time with friends and family while getting fresh air and exercise.
3. Add fresh fruit and veggies: If you are responsible for appies or desserts over the holidays, add fresh veggies with dip and combine your dessert tray with equal parts fresh fruit.
4. Portion control: Enjoy your favourites and try filling half your plate with veggies and the other half with the more indulgent foods. Plus you know you NEED to eat Aunt Betty's pumpkin cheesecake that she makes every year, so decline another treat leading up to it.
5. Shop local: We are lucky to live in a beautiful area surrounded by farmland. Wow your guests with quality, local cheeses, wine, bread, etc. which not only helps our local farmers and businesses, but allows you to truly savour your food and appreciate where it came from.

May your holidays be filled with family, friends, joy and, of course, good food! - **From the Marquise team at Saanich Peninsula Hospital.**

References: Dietitians of Canada, Practice Evidence Based Nutrition Holiday Survival Tips Handout plus a few of our personal thoughts on the matter.

Welcome our New SPHF Board Members!

Following the Annual General Meeting in September, the Saanich Peninsula Hospital Foundation is thrilled to introduce three new faces to our Board of Directors. The Board and Staff would also like to take this time to thank the departing Directors, Joan Robinson, Caroline Paterson, Laurie Salvador and Judith Bowen for their dedication and hard work.



Mark Marley

Mark Marley is the President of Mahoe Properties (2002) Ltd. Mahoe Properties is Mark's principal operating company, however, he controls several other companies either personally or as subsidiaries of Mahoe Properts.

Born in Kingston, Jamaica, Mark immigrated to Victoria in 1974. He started working with his father, Michael Marley, in the residential and commercial real estate development industry in 1992 after graduating from BCIT in 1993. He became partners with his father in 2002, and in 2014, Mark took sole ownership of the main operating company.

A long-time member of the Victoria Residential Home Builders Association, Mark has volunteered with the Boys & Girls Club, and was

instrumental in the construction of the new clubhouse in Central Saanich.

Mark is thrilled to join the Board of Directors for the Saanich Peninsula Hospital Foundation, and hopes to continue his family's legacy of exemplary commitment to the community.



Elaine Hughesman

Elaine Hughesman is a partner in the Sidney based accounting firm Hughesman Morris, CPA's. Elaine prides herself in providing friendly and prompt service and loves to get to know each of her client's individual stories.

Elaine believes strongly in giving back to her community and tries to impart to all of her staff the necessity of giving back. Both Elaine and her

partner, Janine Morris, volunteer on a variety of non-profit boards of directors. Elaine was previously the treasurer for the Saanich Peninsula Chamber of Commerce and the Rest Haven Foundation. Currently, in addition to being treasurer for the Saanich Peninsula Hospital Foundation, she also holds the same role with the Saanich Peninsula Community Foundation.

It was while Elaine sat on the board of directors for the Rest Haven Foundation that she really started to understand just how underfunded our hospitals are and how deep their needs go. While it's a nice notion to think that the health care system should be able to fund hospitals adequately, she feels it is unlikely to happen any time soon. Elaine felt drawn to the Saanich Peninsula Hospital Foundation as she, like so many local residents, rely on having a hospital close by and one that we're all so proud of. Given the state of the health care system and Elaine's desire to have an up-to-date local hospital, she felt it was an ideal match to join the board of the Saanich Peninsula Hospital Foundation.

Outside of working and volunteering, Elaine spends as much time as possible outdoors, whether it be gardening, kayaking, biking or just reading a book on the beach. She and her husband John have lived in Sidney for nearly 15 years, and while they have a passion for traveling, they are always delighted to come back to their home in Sidney. Sidney really is one of a kind in her eyes. Nothing beats walking down Beacon Avenue with a view of Mt. Baker in the background while catching up on the local gossip, because you always run into someone you know in Sidney!



Sue Hodgson

Sue spent her childhood along the shores of the Bay of Chaleur, in Dalhousie, the northernmost town in New Brunswick,

a culturally rich and diverse community. Besides enjoying the daily lifestyle of beachcombing, boating and windsurfing, Sue grew up in a family committed to forest management and a love for fish and wildlife.

She graduated from the University of Victoria with a BA in Social Sciences and her professional background is publishing: she has served as a director at Page One Publishing and is the former publisher of the Peninsula News Review and Boulevard magazine. She is owner of Seaside magazine, a Saanich Peninsula community publication dedicated to exploring the people, places and ideas of our West Coast culture.

Sue has been a member of the Board of Directors for Beacon Community Services since 2007 and a Board of Director for Shaw Ocean Discovery Centre and is thrilled to now sit on the Board of Directors of the Saanich Peninsula Hospital Foundation. A resident of Greater Victoria for more than 25 years, Sue lives in Sidney with her two school-aged children. ■

SPH Staff
Janice Hawkins,
Dr. Ambrose Marsh
and Jodi Jantzen



The best gala... ever!

2016 goes into the books as a year to remember!

The time has come to wrap up our annual Gala Evening for this year. The 2016 Saanich Peninsula Hospital Foundation's Magical Evening of Giving presented by Peninsula Co-op was just that: truly magical. It was an enchanting autumn evening as, once again, Kim and Lyndell Pullen welcomed a sold-out crowd to the festive Church and State Winery. Greeted with a glass of bubbly, the guests were then invited to transform themselves and ham it up for the paparazzi at our complimentary Four Frames Photo Booth. Then it was on

to the heated verandah where fairy lights and candles twinkled, beckoning eager shoppers to the silent auction. Our loyal local businesses and amazing SPH staff really outdid themselves this year. Over 60 packages from gourmet dinners and food baskets to overnight stays and extraordinary art tempted the bidders and fueled many a good natured bidding war.



Gypsy jazz by the Treetop Trio wove a melodic spell over the carefree guests as they nibbled on canapés and mingled with friends before heading into dinner. Chef Desiree prepared a scrumptious three-course meal featuring filet of sterling silver beef tenderloin, wild Coho salmon stuffed with Dungeness crab and roasted root vegetable and goat cheese strudel. The meal finished with a mouthwatering flourless chocolate cake and was paired impeccably with Church & State's award-winning wines.

Frank Wright, Bonnie Campbell and Margene Brown. Photo: Nuttycake.com

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THE LARGEST AMOUNT EVER
RAISED AT THE GALA
\$104,890!

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Olympic View Golf Club
Pacific Coastal Airlines

Panorama Recreation
Patrick Fisher & SPH Chaplain Norah Fisher
Peninsula Physiotherapy
Peninsula U- Brew Winery
Peter White
Plumb-it Mechanical
Prairie Inn Bar & Restaurant
Prince of Whales
The Q Radio Station
Residence Inn by Marriott
Vancouver Downtown
Rimrock Cafe
Rogers Chocolates
Ron Bjordgan
Royal BC Museum
Royal Roads University
Ruffell & Brown Interiors

Ruth Moffatt
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Lonna Nash

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SPH Occupational Therapy,
Dana Staffman
SPH Operating Room Staff
Sweet Dreams Boutique
Thrifty Foods
Tidewater Arts Studio
Truffles Catering
V.I. Fitness
Victoria Costumes
Victoria Flying Club
Victoria Symphony
Victory Barber & Brand
Village Gallery
Waterlily Shoes
Wine Kitz - Sidney
Zanzibar Cafe



Jason, the magician.
Photo: Nuttycake.com

Our community makes the SPH Foundation's ongoing fundraising efforts possible, and we are so grateful for their support.

On behalf of the Foundation office and Board of Directors we would like to extend an enormous thank you to all who played a part in this event's success. The proceeds from the event will go towards the 2015-2016 Day Surgery

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As dinner waned, the crowd was spellbound by the charismatic conjurings of Jason Verners, Magician Extraordinaire. He left everyone laughing and wondering, "How did he do that?"

The evening was topped off by the much-anticipated live auction of tempting packages and exceptional art, emceed by our Gala Evening veteran, Kevin Bell! The enthusiastic bidding during this and the silent auction resulted in our most lucrative event ever! We raised \$104,890! This surpasses last year's record and we could not be happier. But this miraculous evening would not have been possible without the ace up our sleeve: our community of volunteers, donors and sponsors.

campaign. Upgrades are desperately needed in order to support the more than 1,500 surgical procedures and the almost 800 medical procedures that take place each year in the SPH Day Surgery Unit, achieving greater efficiency for more patients in greater comfort. With the outpouring of generosity from this event, we are thrilled to announce that we have reached our goal of \$2 million dollars!

Congratulations and heart-felt thanks to everyone involved in the Magical Evening of Giving presented by Peninsula Co-op for another successful, fantastic event! ■

All of us at the Foundation – Board and staff members – would like to thank you for all of the wonderful support you have given us this year. The cards and letters that accompany many of your donations warm our hearts and really boost the morale of the hospital staff. We'd like to wish you a healthy and happy holiday season and hope you have the opportunity to enjoy some festive cheer with family and friends.

And please remember, December 31st is your last chance to donate and receive a 2016 tax receipt. We will be in the office over the holidays, including December 31st, so please call in or drop by!!!

TWAS THE NIGHT BEFORE CHRISTMAS

...when all thro'
the hospital
Not a creature was stirring, for
some, it's not possible.
The support hose were hung by
the bedsides with care,
In hopes that St. Nicholas soon
would be there.
The patients were nestled all
snug in their beds
While visions of festivities
danced in their heads.

Karen Morgan in her office and
Dr. Marsh in his cap,
In front of computers, the last
season to wrap.
When from a far wing there
arose such a clatter,
They sprang from
their offices; what was
the matter?

Away down the hallways they
flew like a flash,
Was a thief in the Gift Shop,
stealing the cash?
No the shop was
closed tight; the lights
all turned down,
“But what is that noise?”
Ambrose said with a frown.

Medical Imaging was quiet,
the staff was content
And grateful the new
CT Scanner was sent.
The Day Surgery Unit
sat in anticipation,
Awaiting the exciting
new renovations.

They continued to follow the
interesting sounds
Could it be doctors completing
their rounds?
‘til they came
‘round a corner and
what should appear?
But a magical being full
of good cheer.

“I am the ghost of Donors
Present, Past and Future, too!
And I have the most
wonderful news for you!
Campaigns in the past
have all been successful
Donors have made patients’
lives much less stressful.”

“And now the
next challenge will be
most rewarding
Supporting our elders in care
and affording
Them a chance to enjoy their
lives to the utmost.
Now it’s their turn!” said the
Christmas ghost.

“The 2016
Foundation campaign
Will fund much loved programs
for residents’ brains!
Enjoying painting, gardening,
reading and singing
Improves quality of life along
with it bringing
Benefits to health both
emotional and physical.
Wouldn’t you want that?”
The ghost asked,
looking quizzical.

“Of course!” in unison
cried Karen and Ambrose
As Christmas spirit filled them
from nose right to toes.

“The times when
we’re running from
storefront to store
Perhaps we should look
into gifts that give more.
Give in honour of Sally who’s
been so good this year

Or donate in memory of
one you hold dear.
Gifts can be cash or shares
or bequests;
Send to the Foundation
and they’ll do the rest.
Invest in community and the
healthcare of peers
And your gift will keep giving
for years upon years.”

“It really is the season
of giving,” Karen said
“With donors like ours
we have nothing to dread!
The fiscal year is ending,
we’d best get to work!
Tax receipts for 2016
sure are a good perk!”

As they looked to the window,
the ghost swept away, flew over
the houses and bellowed,
“Donate today!
The best health and care is
everyone’s right,
Happy holidays to all
and to all a good night!”





Firbank Farms is at it again. This annual family affair of pumpkin people creativity provides our residents in Residential Care a little bit of home grown comfort. Pumpkin embellishers Lorraine, Diane, Connor and Mackenzie work their magic and create these wonderful table displays. We are ever grateful for the continued support of our local Firbank Farm that, along with the pumpkins, donated \$2,000 to our Residential Care Campaign. With our thanks from the Residential Care staff and family to yours! ■



Newsletter e-version

If you wish your newsletter to arrive via email instead of printed matter, please email either Karen or Lesley at Karen.Morgan@viha.ca, or Lesley.Webb@viha.ca. We would love to decrease your paper, but still give you the opportunity to view a great newsletter online.



Both Karen Morgan and Lesley Webb had the pleasure of accompanying Shelagh Bell to the Annual Valued Elder Recognition Awards ceremony held at the University of Victoria on September 30, 2016. Shelagh was nominated for the award because she has made a difference each and every day by giving exemplary service to helping others. Our congratulations and warm thank you to all of the VERA recipients this year and especially to our own wonderful volunteer Shelagh Bell. ■



At a community get-together on November 4th, residents of the Country Park Village in Saanichton presented the Foundation with a cheque for \$340. This represents the proceeds from the annual Burns Chisholm Golf Tournament. The tournament honours the memory of John Burns Chisholm, who was an active member of our peninsula community and was the husband of one of SPH's long-time volunteers, Fay Chisholm. ■



In 2016 Ardmore Golf Course generously donated to the Saanich Peninsula Hospital Foundation by running a weekly golf and dinner event. Hilariously dubbed 'Slicers and Hookers', customers of Ardmore got to play nine holes of golf, eat a sumptuous dinner catered by the Spitfire Grill and also were awarded prizes for playing. The cost was \$35 and for each person that participated, Ardmore Golf Course donated \$1 to SPHF. In total, Ardmore raised nearly \$1000. In 2017, Slicers and Hookers will continue on Wednesday nights and Ardmore intends to add a 'Family Fun' night on Fridays. Support your community by hitting the links! ■



UNKNOWN LEGENDS:

The End of an Era

When people are struggling with life challenges, music can inspire peace of mind and hope for the future. And so it was fitting that the final Unknown Legends concert in the SPH Chapel on October 19th should be a tribute to the man who touched many lives in our hospital with his musical gift.

Chris Lenz was diagnosed with Multiple Sclerosis at the age of 23 and had been a resident in the Extended Care Unit of Saanich Peninsula Hospital for four

years. Working closely with Kirsten Davis, SPH Musical Therapist, he began the series of monthly concerts in the Chapel known as Unknown Legends. These concerts were well attended by ECU Residents, family members and staff, as well as community members. The sense of unity and collaboration these gatherings fostered was palpable.

The tribute concert featured performances by Kirsten Davis and Chris' wife, Sarah.

Old favourites from the series were included, such as "Puff the Magic Dragon" and John Lennon's "Imagine." Chris' parents expressed their appreciation that Chris had been given the opportunity to play and create during his time here. The informal gathering will be remembered by everyone as a celebration and a recognition of the importance of music in the lives of hospital residents and patients. ■

By Barbara Harwood



Joy to the World

Maureen Puckett began her long association with SPH at the age of 17 as a nursing assistant in what was then just a single Extended Care Unit. After working in Dietary Services, the Finance Department and then finally as a staffing clerk on the Acute Care Unit, she retired on May 31, 2013. Those 36 years were very busy, but also very happy. Maureen feels that the hospital staff is her second family; everyone knows everyone and they all look after each other. Maureen is a grandmother now and, at one time or another; all members of her family have attended the hospital.

In 2015 Maureen returned to the hospital as a volunteer. When asked why she chose to volunteer in the South Unit, Maureen tells me she wanted to be where she could add a little joy to someone's day. Most patients in South are awaiting placement in a long term care facility and may be in SPH for many months before a bed becomes available. Although the excellent nursing staff give as much care and

attention as their duties allow, the days can be very quiet without funding for scheduled activities which one would find in long term care.

“A little Joy” takes many forms during Maureen's shifts. On “Hot Chocolate Thursdays” she distributes her homemade cookies and hot chocolate (made from scratch in her slow cooker) to patients, visitors and staff. She likes to help the patients with motor issues at meal times as well as assist in craft-making with items she has collected on the beach. Sometimes, just conversations can brighten a patient's day. Maureen loves to hear patients' stories of the past; the kind she missed out on, having lost her parents early in life. The first Thursday of each month is a communal birthday party featuring a cake with all the celebrant names in icing and a rousing round of the birthday song.

Holidays are given Maureen's special treatment. She carves pumpkins for Halloween and makes Christmas cards with patient photos for family

members. Maureen has encouraged people to knit, garden, try their hand at adult colouring, play cards and a number of other activities to keep them stimulated and engaged. With funding from the Foundation, she has a budget to support these activities with everything from chocolate to garden boxes!

Maureen finds it hard to leave the unit at the end of the day with the knowledge that she may not see everyone the next week. Some patients pass away and some are moved to their “forever home” in another care facility. Even if their time together is brief, each patient leaves a lasting impression on this passionate volunteer.

If you would like to spend time with the patients on the South Unit or assist elsewhere in Saanich Peninsula Hospital, please contact our Manager of Volunteer Resources, Yasmin Rampuri, at yasmin.rampuri@viha.ca. There are many ways you can help bring a little joy to a patient in need. ■

By Barbara Harwood

Getting to Know You, Getting to Know All About You: *A Survey for the Future*

Over the past year we have run a feature in each edition of Partners where we introduce and interview a SPHF donor. Whether they are a business professional at a sponsoring company or a donor who has expressed their desire to leave their legacy with SPHF, they have all illuminated factors that led them to support the work we do here at the Saanich Peninsula Hospital.

For our final installment of this year's "Getting to Know You, Getting to Know All About You" we want to do just that – get to know YOU! If you are able, please take a moment to fill out the survey below. We want to hear about your interests and concerns with the current healthcare

landscape – and how you think we can make a difference.

When you're finished, please send this page to our office, or drop by and we can chat about the future of healthcare on the Peninsula.

- Karen Morgan, Executive Director, Saanich Peninsula Hospital Foundation

1) How long have you been contributing to SPHF?

- LESS THAN 1 YEAR,
- 1 – 5 YEARS,
- 5 YEARS OR LONGER

2) How often did you feel your contributions were recognized?

- ALWAYS,
- MOST OF THE TIME,
- ABOUT 1/2 OF THE TIME,
- ONCE IN A WHILE,
- NEVER

3) Overall, how well would you say SPHF recognizes donors for their contributions?

- EXTREMELY WELL,
- VERY WELL,
- SOMEWHAT WELL,
- NOT SO WELL,
- NOT AT ALL WELL

4) The work of the SPHF positively impacts people's lives on the Saanich Peninsula.

- STRONGLY AGREE,
- AGREE,
- NEITHER AGREE NOR DISAGREE,
- DISAGREE,
- STRONGLY DISAGREE

5) What do you think is the most pressing healthcare problem in our community?

- NEW PAGE ATTACHED

6) Do you have a family doctor?

- YES, NO

7) If you do not have a family doctor, do you go to walk-in clinics?

- YES, NO

8) Where do you live?

- SIDNEY,
- NORTH SAANICH,
- SAANICHTON,
- BRENTWOOD BAY,
- SAANICH,
- GREATER VICTORIA

9) How old are you?

- UNDER 30,
- 31-45,
- 46-65,
- 66-75,
- 76+

10) What did we miss?

AGAIN, YOU DON'T HAVE TO GIVE US YOUR NAME, BUT IF YOU'D LIKE TO TALK MORE ABOUT HEALTHCARE ON THE PENINSULA, WE'D LOVE TO LISTEN.

GIVE US A CALL AT 250-652-7531, OR LET US KNOW THE BEST WAY TO REACH YOU.

DONATION INFORMATION

I would like to make a donation of:

\$50 \$100 \$250 \$1,000 \$ _____

This donation is made in loving memory of :

Name:

Address:

City:

Postal Code:

Phone:

Fax:

Email:

Age group: 25-35 36-45 46-55 56-65 65+

Yes! I would like to receive quarterly email updates from the
Saanich Peninsula Hospital Foundation

Visa / Mastercard

Card #:

Expiry Date:

A receipt will be issued to acknowledge your generosity. BN11913 0540 RR0001



PARTNERS

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Please contact us at

2166 Mount Newton X Road
Saanichton, BC V8M 2B2
250-652-7531

www.sphf.ca

Your suggestions are most welcome.

Moving? If you have moved, or are moving, please let us know and we will make appropriate changes to our mailing records.

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SAANICH PENINSULA
HOSPITAL FOUNDATION

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