



PARTNERS

OF THE SAANICH PENINSULA HOSPITAL & HEALTHCARE FOUNDATION

WINTER 2022

IN THIS ISSUE

- 1 Bursaries Change Lives
- 3 A Letter of Gratitude
- 3 This Holiday Season You Can Give the Gift of Comfort and Companionship
- 4 Meet the Staff - Housekeeping: Lori & Randy
- 5 Special Thanks!
- 6 Welcome New Board Directors
- 7 Thank you and Farewell
- 8 Close to Home: Learn About Our New Annual Campaign
- 10 Gala Evening 2022



Aiden Kennedy, LPN at
Saanich Peninsula Hospital

Bursaries Change Lives

Aiden Kennedy, a Licensed Practical Nurse (LPN) at SPH, is a two-time recipient of an educational support bursary through the Foundation.

There is no doubt that this recipient of a Saanich Peninsula Hospital and Healthcare Foundation Bursary is worthy of the award. She is a well-educated young woman who was no more than six years of age, attending to the needs of her Barbie

dolls, when she knew she wanted to be a nurse.

Aiden was born in Barry's Bay in the Ottawa Valley and her first experience with further education was at McMaster University in Hamilton, Ontario, where she obtained a degree in Psychology. But Aiden knew that British Columbia and a training in nursing was where her heart was directing her. She attended Camosun College in Victoria and was awarded a



Partners is produced by the Saanich Peninsula Hospital & Healthcare Foundation.

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Moving? If you have moved, or are moving, please let us know and we will make appropriate changes to our mailing records.

If you would prefer to receive this newsletter by email to save mailing costs and trees, please email us to let us know: info@sphf.ca

Diploma of Practical Nursing thus qualifying her as an LPN. She then worked at Victoria Hospice in the Richmond Pavilion at the Royal Jubilee Hospital.

Aiden joined the staff at SPH four years ago and an indication of the community spirit is the fact that a colleague of Aiden's directed her to the Foundation to apply for a bursary. After a discussion with her manager, the application was made. She was further encouraged by that same colleague to register for the Athabasca University online training. When she has completed the training she will be awarded her Bachelor of Nursing degree and become a Registered Nurse.

It requires a great deal of determination to commit four or five years of your life to complete the studies while still working as a full-time nurse in palliative care. The practicum finals will have to be completed at the university, which is north of Edmonton, and will include a couple months of residency. Aiden is extremely grateful to the Foundation for the financial support provided by the bursary which covers all her class work. She knows that travel and accommodation for the time in Alberta will be an additional cost, but she is well prepared for that.

Throughout the conversation with Aiden, she emphasized the community spirit and the amazing staff at all levels in SPH. Her manager and her colleagues are supporting her in her decision to take the program. An indication of the dedication shown by Aiden is that she agreed to talk with us for an hour prior to beginning a 12-hour shift at 3:00 p.m. No time was taken out of her working day. We are joining in the support for her and we look forward to hearing that she is a Registered Nurse. Congratulations Aiden on being awarded a bursary. ■ **By Barbara Harwood | Photo by Beverly Lewis**

"I have been a recipient of the SPHMF Educational Bursary Grant two years in a row. I just want to say how thankful and appreciative I am to the Foundation for providing the funding for me to achieve my dream of upgrading from LPN to RN. It is truly a life changing opportunity, and I couldn't be more thankful."

Aiden Kennedy, LPN
at Saanich Peninsula
Hospital

At the Saanich Peninsula Hospital & Healthcare Foundation (SPHMF), we believe that excellence of care in a hospital setting can be enhanced through a combination of staff dedication and increasing knowledge through education. For this reason, and with the support of our generous donors, we have established a bursary fund available annually for hospital staff members who are continuing education in their field. They enable staff to upgrade their professional designation such as LPN to RN, learn new advanced techniques, attend workshops, and cover books and travel costs. Bursaries change Saanich Peninsula Hospital staff lives by supporting their dreams.



A Letter of Gratitude

Sarah Bragg,
President & CEO

As 2022 draws to a close I would like to take this opportunity to thank

our amazing team at Saanich Peninsula Hospital (SPH) for going above and beyond, in providing wonderful care close to home. In a time when so many people do not have a family doctor, we all count on our medical team and allied healthcare staff and thank them for being there for us when we need them most.

Thank you to our outstanding donors, corporate sponsors, volunteers and community supporters. You stand alongside us in our mission to support our community hospital and ensure it remains a centre of excellence for generations to come.

This year we asked you to help raise funds for the Emergency Department, Operating Room and continued access to Primary Healthcare through the Doctor of the Day program at SPH. Because of your generosity, we will reach our campaign goal of \$2 million and ensure our hospital has the state-of-the-art equipment it requires.

As we approach the holidays, on behalf of the Board & Staff of Saanich Peninsula Hospital & Healthcare Foundation, I would like to thank you for your unwavering support in 2022 and we wish you and yours all the best for the holidays and 2023. ■

Sarah



This holiday season you can give the gift of comfort and companionship

Your donation will bring joy to someone in Long-term Care.

It is our wish this holiday season to provide the comfort and companionship of a realistic pet or infant doll to each of the more than 120 residents in our Long-term Care (LTC) Unit at the Saanich Peninsula Hospital.



Robotic cats, pups and baby dolls move like real-life beings, making sounds and responding to touch. The sensory stimulation these interactive companions evoke can bring joy, reduce loneliness and enhance the quality of life for residents living in Long-term Care

A donation of \$250 will purchase an interactive pet or infant doll for one of our LTC residents.

Visit sphf.ca/comfort-companion to donate and bring joy and comfort to residents in Long-term Care. You can also include your own holiday message to the recipient.

We thank you for supporting our Long-term Care residents and bringing them comfort and joy this holiday season and the whole year through. ■



Housekeeping

Lori & Randy

We had the privilege of chatting with Lori and her partner Randy, two members of Housekeeping at SPH as they left their shift, and they left us in awe of the responsibility they have. The word 'housekeeping' in our hospital means that every item in the building has to be cleaned to the utmost standard. Absolutely every item.

For example, whenever a bed has been used it has to be prepared for the next person to use. The team in Housekeeping makes sure every part of that bed is sanitized to be ready for the next patient. The department is always training new workers because there is a high turnover. It is not the job for everyone. At the time of writing this, healthcare in SPH has been understaffed for approximately five years.

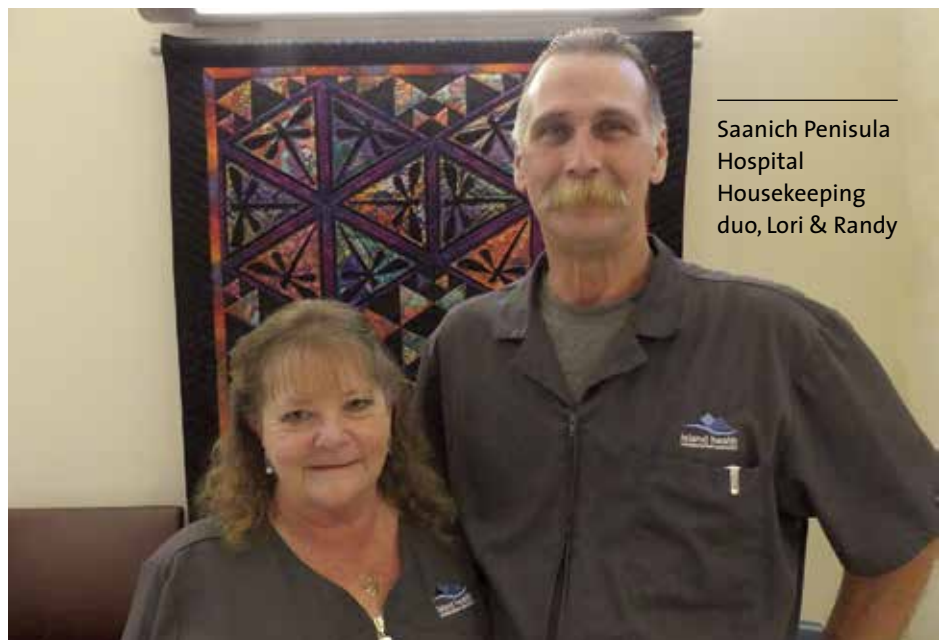
But that is a small part of the work. Every floor has to be cleaned to the standards imposed by Randy, to ensure that he is proud to show us his work. Randy has been working in the department for 12 years and is familiar with every corner of the building whether it be occupied by patients or residents, the administration department or the doctors' change room. He has a three pronged routine that he follows for floor cleaning: scrubbing, polishing and burnishing until he is satisfied. He is the full-time daytime member of staff Monday to Friday 7:00 a.m. to 3:00 p.m. It would be hard to miss this 6-foot-2-inch tall person, but he knows he is respected for his dedication to the job. He has skills in working with mechanical items and can often solve a problem before it causes any damage. Randy is also the QRT

person. What is QRT? It is the Quick Response Team responsible for any emergency in any department requiring assistance. He emphasized that he is greeted by all members of staff from the senior medical officers to his peers in the department. To quote him: "Working here is awesome."

Lori was born across the road from the entrance to the hospital and has been employed here for 13 years. She is alone in her department from 7:00 a.m. to 3:00 p.m. five days a week. She has worked in every department at SPH but her present position is in the Emergency Room.

In the Emergency housekeeping department there are four full-time workers in a 24 hour period making sure all the rooms are up to standard with laundry, bedding, crockery, cutlery, bed pans and every piece of equipment used for the comfort of the occupants of the rooms. As soon as a patient is discharged from the Emergency Room, Lori is responsible for ensuring that the room and structure are cleaned and sterilized to the highest level for the next patient.

When COVID was first confirmed at SPH, the amount of Housekeeping work was multiplied daily as new edicts were issued by the Provincial Health Authority. Cleanliness became the password everywhere. For example, all the curtains between the beds had to be changed if a person had the virus. Staff in every department of the hospital were taken ill, so it was a case of all hands on deck no matter where the help was needed. For weeks on end, no visitors were allowed and there were many very



Saanich Peninsula
Hospital
Housekeeping
duo, Lori & Randy



lonely and frightened residents who needed a few extra words and a smile from behind a mask - not an easy thing to do when you are almost exhausted and worried about your own family. It was not only the medical staff who had to learn a new routine as information about the virus was intensifying, every person in the hospital had to be prepared to buckle down. Lori added that there are still cases of COVID being admitted to the Emergency Room.

Why do these two members of the Housekeeping team take so much pride in their work? They are well known in the Saanich/Sidney community. Both of them have both been patients as have friends and members of their families. They want the best care and attention for everyone. They agreed that the hospital community is their family. Neither of them would choose to work anywhere else because they are greeted by “Good morning” from all their colleagues regardless of position in the hospital.

Please take nothing for granted when you next enter the hospital, whether as a patient or a visitor. You may take in flowers or chocolates or some homemade cookies but remember that someone has to clean them away. The vase has to be sterilized and stored when the flowers are past their prime; the empty box of chocolates or cookies has to be recycled.

We are grateful for the work of everyone in our hospital.

■ **By Barbara Harwood | Photo by Beverly Lewis**

Special Thanks!

As we look back at all the accomplishments your generous support has made possible, we want to take the time to also thank the Foundations, charities and service clubs who gave in 2022.

Your support enables the Saanich Peninsula Hospital to become a showcase where leading healthcare professionals enhance the healthcare experience for residents.

- | | |
|--------------------------------------------------|----------------------------------------|
| Aline and Norman Fowlow Fund | Royal Canadian Legion Branch #37 |
| Allen and Loreen Vandekerkhove Family Foundation | The Spencer Fund |
| Aqueduct Foundation | St. Margaret's Thrift Shop |
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| Canadian Online Giving Foundation | TB Vets Charitable Foundation |
| Knights of Columbus #9703 | United Way of Greater Victoria |
| Melvin and Erin Berg Foundation | United Way Toronto |
| PayPal Giving Fund Canada | The Victoria Foundation |

Holiday Office Closure & Year End Donations

**The Foundation offices will be closed
December 24 – January 3, to give staff a much-needed break.**

Any last minute year-end donations can be mailed to the Saanich Peninsula Hospital & Healthcare Foundation at: 2166 Mt. Newton X Road, Saanichton, BC, V8M 2B2.

The Sidney office also has a secure mailbox around the left-hand side of the building that we will be checking regularly over the holidays. The Sidney office is located at 9710 Third Street.

To be eligible for a 2022 tax receipt, donations must be dropped in our Sidney office mailbox or post-marked on or before December 31st, 2022.



Welcome New Board Directors

Mike Dalton – Board Director

We were excited to welcome Mike Dalton to the Foundation Board of Directors in September 2022. Mike is President of Citta Construction Ltd. and his professional affiliations are Built Green Canada, CHBA-CI and VRBA. He brings with him considerable board experience, currently sitting on the board of Victoria Residential Builders Association and formerly on Habitat for Humanity Victoria Chapter. Mike's knowledge of the construction industry will be invaluable, as he applies his experience to future board decisions about large and small projects.

Mike and his family live on the peninsula and in his spare time he enjoys mountain biking, trail running and camping with his family.



Mel Sangha – Board Director

We were excited to welcome Mel Sangha to the Foundation Board of Directors in September 2022. Mel has a Bachelor of Science, Mathematics from UVic and an MBA from UBC, as well as a Master's Degree in International Management. He is currently a Corporate Advisor & Trustee with OK Industries Ltd.

Mel was a member of the Board of Directors for the Sidney & North Saanich Memorial Park Society and a Director with the BC Road Builders & Heavy Construction Association. Mel also was a mentor with the Peter B. Gustavson School of Business at UVic.

We are fortunate to have Mel's extensive expertise from both private sector and government relations, as well as strategic planning, contract negotiation and a career that spans more than 30 years with OK Industries.

Mel and his family live on the peninsula and he has already become integral to the success of events and offers sage advice around the Board table.

Erin Hohl – Board Site Advisor

Erin joined the Foundation Board as a newly appointed Site Advisor in September 2022. She has a Master of Arts in Leadership from Royal Roads University and started her nursing career in 1985 in Winnipeg.

Erin has worked for Island Health for over 20 years and her first leadership role was in 2008 as a Clinical Nurse Leader on 2 Royal and the Burn Unit at RJH, after which she was a Manager in Ambulatory Care at RJH and VGH for eight years. In May 2021, she was thrilled to join the Saanich Peninsula Hospital team as Site Director.



Erin is a respected leader, who has a reputation for being calm, kind and a passionate care provider. She has developed strong networks and a high standard of communication skills within the organization.

Erin and her husband have seven children, three grandchildren, with another two grandchildren on the way! When not working, Erin enjoys traveling and spending time with her growing family!

**Dr. Brendon Irvine
– Board Medical
Advisor**

Dr. Irvine joined the Foundation Board as a Medical Advisor in September 2022 and his institutional knowledge of Saanich Peninsula Hospital and the ongoing equipment, program, departmental and team needs has already been invaluable.



Brendon Irvine was raised in Victoria, attended Victoria High School, and graduated from Simon Fraser University with a BSc (honours) in Molecular Biology. After completing medical school and residency at UBC and University of Calgary respectively, he has practised Emergency medicine in both urban Victoria and rural community centres.

For the past 21 years Dr. Irvine has worked full-time at Saanich Peninsula Hospital in Emergency and has also participated in the administration of the Emergency Department. In addition, for the past three years he has served as Island Health's Medical Director for Saanich Peninsula and the Southern Gulf Islands.

Dr. Irvine enjoys activities around his rural Saanich home with interests in automotive mechanics, swimming, winter sports and hiking. ■

Thank you and Farewell

DR. MICK BROWN

On behalf of everyone at Saanich Peninsula Hospital & Healthcare Foundation (SPHMF), we would like to thank Dr. Michael (Mick) Brown for nine years of dedicated service on the Foundation Board. As a well-known General Surgeon, Mick has provided sage advice over the years about the most urgently needed equipment and programs in the operating room and throughout the hospital. It is in part thanks to Mick's input, that Saanich Peninsula Hospital (SPH) remains a centre of excellence in care and is a place where other physicians and other allied healthcare staff want to work.



Mick, thank you for all your years of service to the Foundation. You will truly be missed around the boardroom table.

FRANK WRIGHT

On behalf of the Board and Staff at Saanich Peninsula Hospital & Healthcare Foundation (SPHMF), we would like to thank Frank Wright for his time on our Board and generosity to the Foundation. We value all that Frank brought to the boardroom table, and greatly appreciate his desire to contribute to the well-being of our hospital and community healthcare.

Frank, we enjoyed your time with us and are sincerely grateful for your contribution and ongoing support of the Foundation and community. ■

Close to Home

Learn about our New Annual Campaign

As medicine constantly changes, equipment ages, updates are required and the community grows, the needs of our hospital are ongoing. We thank you for supporting our annual campaigns each and every year.

This past year we asked you to help us fund a new X-Ray machine and you answered the call in record time. Thanks to you we reached our campaign goal of \$2 million dollars in just over six months. In addition to the X-Ray machine, you helped us to buy a chemistry analyzer, EC cart, cardiac monitors and so much more!

On October 4th this year, we launched our new annual campaign 'Close to Home'. With your help, we can ensure everyone on the peninsula has access to better healthcare through improved facilities, technological upgrades, and support for our Saanich Peninsula Hospital (SPH) and healthcare heroes.

"To have the Foundation offering us the opportunity to get tools and equipment that are helpful for our care is immeasurable"

Dr. Carrie Wilhelm-Boyles



Help us provide excellence in healthcare *close to home.*

With your help, we can ensure everyone on the peninsula has access to better healthcare through improved facilities, technological upgrades, and support for our dedicated hospital staff.
Help us by donating today.

your community, your health
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SAANICH PENINSULA
HOSPITAL & HEALTHCARE
FOUNDATION

With this campaign, we are focusing on three major areas:

Emergency Department equipment

With patient attachment to family physicians at a critical low, people are relying on our hospital Emergency Department as a source for comprehensive care. Due to this increased volume, departmental equipment and support needs have increased dramatically.

Operating Room equipment

The Operating Rooms at SPH are providing record numbers of surgeries for area residents, thanks to three operating suites and a new surgical daycare unit.

To maintain this gold standard of care, staff are in need of surgical equipment for all three operating rooms.

Access to primary care in the community and Doctor of the Day program

By continuing to foster the close relationship between the hospital medical team and Primary Care on the Saanich Peninsula, we can help ensure that SPH is able to meet the growing needs of the community and provide care to patients who don't have a family doctor.

We are only months into this campaign and already know that with your help, we will reach our \$2 million goal. Thank you for your support and for allowing us to enhance equipment and expand services to provide exemplary life-saving care 'close to home'. ■



SAANICH PENINSULA
HOSPITAL & HEALTHCARE
FOUNDATION

50 50

SPH Heart for Healthcare RAFFLE

Buy your tickets for our **50/50 SPH Heart for Healthcare Raffle** and your contribution will support the health, wellness, and sustainability of the Saanich Peninsula and the Southern Gulf Island communities. **One lucky ticket holder will take home half the total raised!** Your support will fund updates to facilities, innovative programs, and proactive solutions.

New Prize Draw

Exquisite diamond pendant & gold chain

Combined value of over \$3000

Play one or double your fun and enter both.



SNAP THIS QR CODE TO BUY YOUR TICKETS ONLINE!



OR VISIT OUR WEBSITE SPHF.CA

Ticket sales end:

Tuesday, February 14, 2023
at 4:00 p.m.

Draw:

Tuesday, February 14, 2023
at 5:00 p.m.

Single Ticket for \$10;

3-Ticket Pack for \$25;

10-Ticket Pack for \$50;

50-Ticket Pack for \$200

BC residents only.

BC Gaming Event Licence #132655

19+ to play. *Know your limit, play within it.*

your community, your health

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Our Gala Evening was such a success, with an all-time RECORD total of over \$500,000 raised! We could not have done this without our generous and caring community of supporters. Our heartfelt thanks to ALL OF YOU! ■



PRESENTED BY



2022 Gala EVENING

Under Paris Skies

THANK YOU!

With your help at this year's Gala we've raised a RECORD total of over **\$500,000!**

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Tall Tree Integrated Health Centre
The Butchart Gardens
The Market Stores
The Village Gallery
Thrifty Foods - Sidney
Tidewater Art Studio
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White Spot

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SAANICH PENINSULA HOSPITAL & HEALTHCARE FOUNDATION

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Enclosed is my tax deductible gift of:

\$1000 \$500 \$100 \$50 \$25

Other amount: \$

Cheque enclosed Visa Mastercard

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I would like to make a monthly donation of

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I would like to receive occasional email updates and information from the Saanich Peninsula Hospital & Healthcare Foundation.

PLEASE DIRECT MY GIFT TO:

Needed equipment

Wherever the need is the greatest

Other: _____

I have remembered the SPHMF in my will

I would like info on how to make a gift to the SPHMF in my will

A receipt will be issued to acknowledge your generosity.
BN 11913 0540 RR0001

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Saanichton, BC V8M 2B2
Ph: 250-652-7531

Sidney Office:


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Sidney, BC V8L 3A2
Ph: 250-656-2948

Convenient online donations:

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NLWIN22

