



PARTNERS

OF THE SAANICH PENINSULA HOSPITAL & HEALTHCARE FOUNDATION

SUMMER 2024

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**DONATIONS MAKE
A DIFFERENCE**
Your Impact on
Our Hospital

**CELEBRATING
50 YEARS**
SPH's Golden
Anniversary

**COMMUNITY
FUNDRAISING
INITIATIVES**
Fundraising from
the Heart

OUR MISSION

To provide up-to-date facilities, innovative programs, and proactive solutions, to support the health, wellness, and sustainability of the Saanich Peninsula and the Southern Gulf Island communities.



Welcome Heather Edward

Leading with Compassion



Partners is produced by the Saanich Peninsula Hospital & Healthcare Foundation.

Thank you to our dedicated newsletter volunteers:

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Moving? If you have moved, or are moving, please let us know and we will make appropriate changes to our mailing records.

If you would prefer to receive this newsletter by email to save mailing costs and trees, please email us to let us know: info@sphf.ca

Welcome Heather Edward

"The generosity of our community is inspiring! Our donors are truly invested in our hospital, healthcare professionals and community. They engage with what we are trying to achieve, and they want to get involved - it's amazing. It's an exciting organization to be a part of!"

Heather Edward, CEO, SPHFF

We're welcoming a new CEO to the Saanich Peninsula Hospital & Healthcare Foundation. Hopefully you'll meet Heather at an event over the next few months, but in the meantime, here's a little introduction.

Heather was born in St. Albert, Alberta, and after living in Alberta, the United Kingdom and Ontario, moved to Vancouver Island three years ago. In Heather's opinion Vancouver Island is one of the four most beautiful places in the world. The other three? Scotland, Georgian Bay and the South African Coast.

In the field of Paramedicine – working in Toronto, Kingston and on Vancouver Island – Heather experienced many occasions when quick decisions had to be made. Her guiding principle was that timeliness should always be accompanied by compassion. Heather shared she has had the honour of helping many people over her career and stated that it comes down to treating people with respect and dignity.

Heather is currently in her last year of her Doctorate in Rehabilitation and Health Leadership from Queen's University

(studying remotely). Her constant pursuit of health leadership knowledge is based on her dedication to ensuring positive influence and innovative change to support excellence in Canadian Health. Heather saw joining the Foundation as an opportunity to put some of her experience and learning to use, supporting our hospital and community.

As far as the responsibilities of being CEO of the Saanich Peninsula Hospital & Healthcare Foundation, listening, encouraging and supporting the team are a top priority. Heather is looking forward to making positive changes, with input from her colleagues, Board members and community members who have been involved with the Foundation over the years.

Heather believes it is an honour to help people in need, and her frontline roles developed an understanding of the depth of need for support within healthcare. She is developing relationships which she knows will give her the best advice about the immediate needs at Saanich Peninsula Hospital. She's grateful to be in this new role surrounded by the dedicated staff and Board of Directors of the Foundation. ■

In conversation with Barbara Harwood



Your Donations Make a Difference Every Day

The impact of our donors' generosity is very apparent when walking around the Saanich Peninsula Hospital. Your donations are visible everywhere you look: in pieces of equipment, infrastructure upgrades, clinical staff training sessions, Long-term Care resident activities, and in the very many ways that we show appreciation to the staff of SPH for their hard work and commitment. Thank you for enabling us to take care of the health of our hospital and its staff. Here are some highlights of recent Foundation purchases, all possible thanks to our generous community.

Women's Health

The Hologic Trident HD specimen radiography system arrived at the SPH operating room in May. This is a big step forward for surgical patients undergoing breast cancer surgery – it will assist with more rapid biopsy specimen testing for markers and borders.

"The staff and physicians of SPH surgical services are excited to embrace technology that improves our ability to serve our breast cancer patients by ensuring our surgical margins are clear of cancer cells as soon as the specimen is removed.

Previous to the Trident, SPH would send the cancer specimen to Royal Jubilee Hospital, and if we needed to retrieve more tissue, the patient would have to be re-scheduled for another operation. The ability to improve our patients' care needs and expedite cancer care is vital to the SPH team goal to advocate for our patients and be part of the Island Health wait list solution. We are grateful to the Foundation for their generous donors' support so we can focus on best patient outcomes."

Carrie Tuck, Clinical Nurse Leader, OR/PACU/ENDO/SDC

More Nurses

A good news recruitment story – a Foundation-funded marketing campaign to recruit nurses, both LPNs and RNs, to Saanich Peninsula Hospital, has resulted in 50 new hires! This is fantastic news and we're very pleased to note that 48 out of the 50 were external applicants (meaning new employees to Island Health).

Essential Staff Training

The Foundation has been pleased to cover the costs associated with doctors and nurses at SPH taking their Advanced Cardiac Life Saving (ACLS) recertification courses over the past year. This has ensured that the courses are offered to staff on site, with the opportunity to participate with colleagues.

"I just wanted to thank the SPHFF for supporting the SPH physicians to take the ACLS course. Being able to take it all together, with our colleagues at the hospital where we work, is amazing!"

Dr. Sienna Bourdon

LEFT: Surgical Services team staff orientation on new Trident HD system

RIGHT: ACLS training



Increased Access to Care

Point of Care Testing (POCT) for serum and urine specimens went live at the SPH ER in April. Ours is the first ER in South Island to use POCT to improve patient care. POCT allows the ER to offer in-real-time serum and urine results, versus sending the specimens to another site for testing. Patient disposition can be determined, and a plan of care actioned more efficiently. POCT has increased access to medical care for the Saanich Peninsula community.

“Increasing patient access and care standards through POCT was a collaborative process. A huge shout out to SPH ER nurses & physicians, SPH & VGH lab staff, POCT training staff, and the project planning team. I would like to say a huge thank you to Amanda Adams, SPH ER CNE for working tirelessly to make POCT successful at SPH. And to the donors who provided the funds to make the project possible.”

Kelly Branchi, ER Manager

Audio Visual Equipment

As you enter the Sacred Space/Chapel at SPH you will see a large screen on the wall that displays continuous nature scenes celebrating the beauty of Creation, accompanied by spiritual, reflective, instrumental style music. This recently installed equipment was purchased thanks to our donors.

“This new equipment has a cornucopia of uses – it sets the tone for a calm meditative space for spiritual reflection and prayer; the nature scenes provide families with conversation starters for their loved ones with dementia; it creates a relaxing atmosphere for physio-support workers to take a pause with residents during walking programs; residents and acute care patients now have a place to get away from the noise of institutional living to a haven of calm, peaceful music.

Since the installation of this equipment a few months ago, so many residents, patients and their families have

commented on what a difference this new equipment has made to the quality of their lives. So once again, thank you to the Foundation for always remembering that patient-centered care considers the needs of the whole person, body, mind and spirit. This equipment has meant so much to so many people.”

Oceanna Hall, Spiritual Health Practitioner

Donor dollars also funded these equipment purchases and programs in the last year:

- Over \$1M for patient beds & therapeutic mattresses for the Acute Care Unit.
- \$500,000 for resident beds, air and gel mattresses and bariatric/cuddle beds for Long-term Care.
- \$250,000 for equipment for the Operating Rooms including ortho drills, a surgical sterilizer and a C-arm.
- \$60,000 for Recreational Therapy for Long-term Care residents and Music Therapy for Palliative Care patients and Long-term Care residents. Plus many more items. Thank you!



Staff Appreciation at SPH

We know that it's the incredible staff at SPH that make our hospital so special. We try and show our appreciation for them frequently – and we know they appreciate being appreciated! Lunch delivered to a busy department staff room; the funds for a small team hotdog bbq; cupcakes or cookies to celebrate a milestone – these small acts impact SPH staff and show them how much we value their hard work and dedication.

TC10k Team

The SPH staff running team were extremely grateful to have their entries to the TC10K race covered by the Foundation. We asked what keeps them motivated to run when they have to juggle such demanding careers:

"I've been running the TC10K for about eight years now and 5 years ago, with the help of the Foundation, decided to start the running team. This team means a lot to me. It's something I look forward to every year; it keeps me motivated to continue running; and I feel it's been a

great way to bring together individuals from all different areas who help this amazing hospital of ours function day-to-day.

Working full time as well as being a parent and husband makes finding time to train difficult, but maintaining my physical health is very important to me, even if it means getting out for a run in the morning after an exhausting night shift."

"I'm Kerstin, I work in Emerg. I'm so grateful to the Foundation and donors to sponsor us for this race. It means a lot to do something fun with our team outside of work. It also keeps me motivated to sign up for other races prior to the TC10K, to whip me into shape, whatever that will look like! This race also keeps me motivated to keep going and sign up for more. This is my 4th TC10K. It is hard to train with shift work and family life, but I try my best at consistency, which is important for endurance and speed. I love being a part of this event,

and the connection it has built between coworkers! Thank you for supporting us at SPH!" ■

LEFT: Point of Care Testing (POCT) in the Emergency Department.

SECOND FROM LEFT: Elvis tribute artist performing in Long-term Care.

THIRD FROM LEFT, TOP AND BOTTOM: Facilities, Maintenance & Operations (FMO) team enjoy a hotdog lunch.

MIDDLE: Nurses on all shifts were grateful for their pizza lunch (or for some, dinner) during Nurses Week.

SECOND FROM RIGHT, TOP: Porters Greg and Dave feeling like rock stars during Porter's Recognition Week.

SECOND FROM RIGHT, BOTTOM: SPH staff running team at the TC10K.

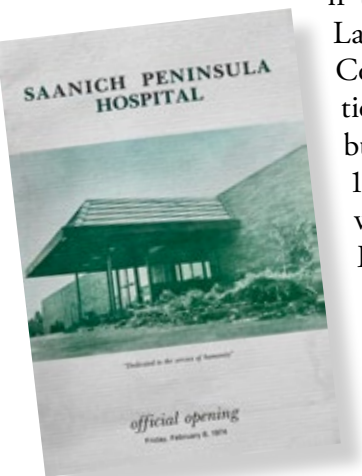
RIGHT: Ted Garbutt (pictured with one of his motivators, Taco!)

SPH Celebrates a Golden Anniversary

By Barbara Harwood

It took years to get started, but we are happy to celebrate 50 years of Saanich Peninsula Hospital!

It was in 1966 that the Board of Directors at Resthaven Hospital, which opened in 1912, was asked to begin planning for the hospital that would replace theirs. There were suggestions that it would serve the community better if the new one was built near Elk Lake, other ideas were Langford or Colwood. There was definite opposition to Mount Newton Cross Road, but the 22-acre site was acquired in 1969 and the Provincial Authority was granted in November 1969. Even then it was not smooth sailing as different levels of Government with different officials all had different ideas about the size and the occupancy.



The official opening of the 75 bed Extended Care Facility was February 1974 with a promise for another 75 beds in the near future. Approval to plan for the Acute Care Unit was granted by the Capital Regional Hospital District and the Government of British Columbia in January 1975. By March 1977 the plans and the price were approved with construction beginning in April 1977. The opening ceremony took place on April 9, 1978. The opening of the Acute Care Unit marked the closing of the Resthaven General Hospital that had served the Saanich Peninsula for so many years.

The Auxiliary had its first meeting on February 8, 1974. They have continued to raise funds through the craft group providing beautiful items sold in the Gift Shop which is open 7 days a week. In 2017 there was a joint purchase with the Foundation of a bus for Long-term Care. A great deal of the furnishings in the hospital have been paid for by the Auxiliary.

The Foundation office was first opened in 1988 and since then literally millions of dollars have been raised for



Former SPH nurses Cheryl Hodgson, Sheena Kirkham and Wendy Cadger share memories.

We asked current and former SPH staff and volunteers if they had any memories to share and were grateful to receive a visit from former nurses: Wendy Cadger, Cheryl Hodgson and Sheena Kirkham. Wendy started working at SPH as a Care Aide when it first opened in 1974. After completing nursing training she returned to SPH and remained there (with a couple of career-breaks) until 2020! Cheryl started in the ACU in June 1978, and Sheena started working at SPH in 1981. Between them they have many years of nursing experience! It was wonderful to hear them reminisce about the changes to SPH over the years, and some of the characters they worked with. All agreed that it's a special place that has fostered many close connections, they loved working somewhere that you knew everyone, where there was a family-feeling of camaraderie, support and help. ■



island health

NEWS FROM ISLAND HEALTH

equipment, for bursaries, for gardens and for extensions to the building. In 2004 the Palliative Care Unit was opened; in 2008 there were new Operating Rooms; 2011 saw the opening of the multi-denominational Chapel; in 2015, four Totem Poles greeted visitors in recognition of the ancestors and people who have always been in this territory. The hospital has the most up-to-date state-of-the-art equipment supplied in the greater part by the efforts of the Foundation, and the Auxiliary, in support of Island Health. Whether robotic cats and seals are needed for the Love and Comfort therapy program or there is a need for a Siemens X-ray machine or a complete refurbishing of Acute Care beds and rooms, the people who care about Saanich Peninsula Hospital will help by their extremely generous donations.

In recent times, Saanich Peninsula Hospital is recognised as a community hospital serving more than 30,000 households on the Saanich Peninsula. It is an Emergency Hospital, it has Cardiac Care, it is the South Island Breast Cancer Centralized Referral program, there are pre-admission Surgery Services, there is an All Nations Healing Room, there is an Indigenous Liaison Nurse, all under one roof, on one level. Too many to mention but there are at least 25 different services available.

The maternity department closed in 2002. The last baby to be born was Mackenzie Williamson, daughter of Diane Williamson (Nee Jack). Mackenzie was born on April 24th. ■



NEW LAND ACKNOWLEDGEMENT SIGNS

New signage has been installed at Saanich Peninsula Hospital to acknowledge and honour the land it is built upon. It's an important project for Island Health, and especially relevant in this anniversary year for SPH. The beautiful bronze sign at the Main Entrance was unveiled at a ceremony during the 50 Years event on June 15th.

"The idea to add this signage (at the entry to the ER, Long-term Care and the main entrance) came from an Island Health anti-racism initiative. One of the action items determined by the committee was for a printed land acknowledgment to be created and hung at the SPH entrances. A working group was formed with people who work in various roles at SPH, to create something that is meaningful and authentic to the site. The group first spent time learning about Land Acknowledgements and reflecting on our individual cultural learning journeys; then we drafted a Land Acknowledgement together, and then we then invited an Elder from each of the four First Nation communities to review the draft wording with us. This took about three re-writes until we reached this final version, about a two-year process in total.

It is important to acknowledge the traditional territory of the land that Saanich Peninsula Hospital is built on, and to commit to healing and improving relationships with the First Nation Communities the hospital serves." Erin Hohl, SPH Site Director. ■

Fundraising From the Heart

How do ordinary people raise funds for the hospital?
By organizing a Community Fundraising Initiative (CFI)!

By Bren Moroz-Pettyjohn

Ever since the Foundation was formed it's been caring citizens who have come together to raise funds for our hospital. We continue to witness creativity, drive and determination in our community members who choose to step up to help make a difference.

CFIs come in all shapes and sizes – events and activities – with one primary goal, to raise funds for the hospital. With a little organization, fun and creativity, any idea can be turned into a fundraiser. We have seen head-shaves, swims, book sales, golf tournaments, farm celebrations, bike rides, concerts and so much more be used as ways to support healthcare. These can be one-off events, or annual events! Funds raised through CFIs can be directed to the area the organizer feels a personal connection or to our current campaign.

Not everyone feels like a natural fundraiser, so we offer tips and tricks to help find success along the way. We have seen people of all ages, backgrounds and experiences courageously share their stories, promote their CFI and ask for support. Most importantly, CFI organizers bring our community together for a common cause that is personal and meaningful. They give of their heart, time, energy, spirit and resources to help make a difference to the healthcare we all rely on. That's why we call these special individuals our **Proud Supporters**. We applaud

and thank our past **Proud Supporters** and would like to introduce a few current ones who we are most grateful for:

METROPOLITAN HOSPITALITY - ONGOING

A 'home away from home' for our travelling SPH patients and their families is so important. We are grateful for the added support from Metropolitan Hospitality who is offering 10% discount at Motel 6 - Victoria Airport, Holiday Inn - Elk Lake and Holiday Inn Express & Suites - Colwood for stays related to hospital visits. 5% of these stays will be donated to the Foundation to benefit the hospital.

TOAST TO THE COAST! – SUNDAY, AUGUST 25, 2024, 1 – 4 PM

New to the Peninsula! Come stroll through the picturesque Kildara Farms while sipping wine and tasting delicious creations made by some of the island's best chefs. Sit in the lounge areas in the orchard, under the event barn pergola and watch the boats in the bay, picnic in the rose garden and tour the farm, all while enjoying a wonderful gourmet experience. Chefs are teaming up with local food producers to give a truly exquisite local experience, paired with local wines, cider, spirits and beer. Partial proceeds going to support the Foundation. Tickets on sale soon
<https://toasttothecoast.freshviewevents.com/>

SUMMER BARBEQUE IN SIDNEY! – WEDNESDAY, JULY 10, 2024, 11 AM - 1 PM

Pemberton Holmes Sidney invites you to their annual summer fundraiser on Wednesday, July 10. For a donation, you can indulge in a burger or hot dog while taking in the sights and shops of Garden Court at 2360 Beacon Avenue. Proceeds from this event will be generously donated to our current campaign, the renovation and upgrade of the SPH ACU. For more info or to donate, contact Maureen James 250-656-3486. ■

Did you know May was officially Leave a Legacy month in Canada?

Here at the Foundation, any month is the perfect time to think about and prepare your Will for leaving a legacy gift and making sure the people and things that matter most are looked after.

The Foundation is truly thankful to those who have given much thought and consideration in their estate planning to bequeath such gifts to the hospital. We are committed to stewarding legacy gifts to serve the hospital's needs as intended, and to best honour the deceased's legacy, all in support of our community hospital and the quality patient care we can all rely on.

In some years, legacy gifts can make up close to 30% of donations received to benefit designated areas within the hospital. No matter how small or large, legacy gifts make a difference.

As with all donations, legacy gifts ensure the hospital remains at the heart of community healthcare, now and for generations to come.

If you have questions about leaving a legacy gift or would like to learn more about how a legacy gift can make a difference, please contact Bren Moroz-Pettyjohn, Legacy Giving & Community Engagement Manager: Bren.Moroz-Pettyjohn@sphf.ca ■

BOARD OF DIRECTORS - VACANCY

The Board of Directors of the Saanich Peninsula Hospital & Healthcare Foundation is looking for their next Treasurer.

Our current Treasurer – Elaine Hughesman – will complete her term on the Board in 2025. We are looking for the right person to join the Board this year, to allow for a period of overlap and handover of duties for this important role.

The Treasurer is responsible for overseeing the financial controls and procedures of the Foundation, working closely with the CEO to maintain the financial records necessary to comply with the Society Act, CRA and funders. The ideal candidate will bring financial expertise to this position, and should be available to review finances regularly; act as signing authority; and provide support for budgeting and reporting, as well as other Board Director responsibilities.

For more information and to express an interest in this volunteer role, please contact SPHMF CEO Heather Edward: Heather.Edward@sphf.ca ■



Make *Caring* Your Legacy

Your support will ensure that the Saanich Peninsula Hospital remains at the heart of community healthcare for generations to come.

You want to have an impact on the world that your children & grandchildren will inherit. Your legacy can provide for them and your community.

Leave a gift that will last. Visit our website or speak with your financial advisor to find out how to make a gift that will leave a positive and lasting difference.

250-656-2948 sphf.ca  



Dream in Gold

SAANICH PENINSULA HOSPITAL & HEALTHCARE FOUNDATION

SPIRIT GALA

PRESENTED BY



**SATURDAY
NOVEMBER 9TH, 2024**

MARY WINSPEAR CENTRE
DOORS & COCKTAIL RECEPTION 5:30PM

TICKETS \$250

Tickets are now available for a special celebratory evening in benefit of the Saanich Peninsula Hospital & Healthcare Foundation.

We hope that you will join us to Dream in Gold as we recognize the golden anniversary of the Saanich Peninsula Hospital.



TO PURCHASE OR FOR MORE INFORMATION
SPHF.CA/SPIRIT-GALA-2024
250-656-2948

- 3 course dinner
 - Complimentary drinks
 - Entertainment
- All funds raised at this elegant evening event will support our Acute Care Unit renovation campaign.

GALA EVENING SPONSORS

PRESENTING SPONSOR



COCKTAIL RECEPTION SPONSOR



FLOWER SPONSOR

TWIG & BLOOM floral studio

WINE SPONSOR



DECOR SPONSOR



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For sponsorship opportunities please contact Katie.Crowe@sphf.ca

250-656-2948 sphf.ca



Good NEWS & Thank You's

We are so grateful to our community of donors who continue to support our Acute Care Renovation campaign, and equipment and programs throughout the hospital.

Thank you to residents at **Legion Manor** for their recent donation and continued support. Our continued gratitude goes to the **Central Saanich Lions Club**, and the **Royal Canadian Legion No.37 - Poppy Fund** for their recent thoughtful donations.

The Peninsula Singers presented another donation cheque in March: their 21 years of support has a cumulative total of a phenomenal \$57,000! We are grateful to the talented singers and committed members who continue to make music therapy a priority – thank you all.



It's a happy 50th birthday to the **Auxiliary to SPH** as well as the hospital itself. We extend our best wishes and thanks to the incredible legacy of volunteerism and fundraising from this group. We also love the Gift Shop at SPH, entirely volunteer-run by the Auxiliary and packed full of delightful items!

Sincere thanks to the anonymous donor of a \$1 million gift towards our Acute Care Unit renovation campaign. Your donation will be transformational.

Our deep gratitude to the Tidman family for a donation made in honour of Ron Tidman. The family noted the exceptional care Ron received at the hospital. We extend our sympathies to the whole Tidman family.



Thank you to the **Summergeate Quilters** group who so thoughtfully donated a beautiful handmade quilt in memory of their friend and fellow quilter, Shelagh Bell.

Shelagh was a long-time volunteer for the Foundation, as well as having been past-President of the Auxiliary. It was wonderful to receive this special donation and share the tribute to Shelagh. The quilt will be auctioned to raise funds at our Spirit Gala Silent Auction in November.

Thank you to our corporate partners, their Annual Sponsorships help us offset costs. We are grateful to: **RalMax Group of Companies, FIRM Management, Graphic Office Interiors, The McNaughton Group Scotia Wealth Management** and **Truffles Catering** for their support of our hospital and healthcare in the community.



Congratulations to the **CFUW Saanich Peninsula** for their incredibly successful C.A.R.E. Fair in June. We were proud to be sponsors of this informative event and enjoyed meeting many members of the community and sharing information about the hospital and

the Foundation's work. Congratulations too, to Irene Ewan, the winner of our C.A.R.E. Fair prize draw!



The final total is still being tallied from a recent Community Fundraising Initiative by **Gale Wealth Advisors** and **O'Brien Investment Group**. Their

“Summer Scrap Metal Fundraiser” took place on June 22nd – thank you to the whole team for an imaginative, and environmentally-friendly, community fundraiser. ■

Your support matters more than ever.

Name:

Address:

City:

Postal Code:

Email:

Phone:

Enclosed is my tax deductible gift of:

\$1000 \$500 \$250 \$100 \$50

Other amount: \$

Cheque enclosed Visa Mastercard

Card No.:

Expiry Date:

Signature:

I would like to make a monthly donation of \$

by: Credit card Void cheque enclosed

I would like to receive occasional email updates and information from the Saanich Peninsula Hospital & Healthcare Foundation.

PLEASE DIRECT MY GIFT TO:

Current Campaign Acute Care Unit Renovations

Wherever the need is the greatest

Other: _____

I have remembered SPHMF in my will

I would like info on how to make a gift to SPHMF in my will
Or contact directly: Bren Moroz-Pettyjohn
Legacy Giving & Community Engagement Manager
Brenda.moroz-pettyjohn@sphf.ca

All donations of \$20 or greater will receive a SPHMF charitable receipt.
BN 11913 0540 RR0001

Please email me my receipt in lieu of a mailed tax receipt

Donations gratefully received by mail:

Hospital Office:

2166 Mt Newton X Rd.
Saanichton, BC V8M 2B2
Ph: 250-652-7531

Sidney Office:

9710 Third St.
Sidney, BC V8L 3A2
Ph: 250-656-2948

Online donations: www.sphf.ca

Social Media:  @sphf.ca  @sphfoundation

"In accordance with the Province of BC's *Personal Information Protection Act*, the Saanich Peninsula Hospital & Healthcare Foundation collects information required for tax receipting purposes and protects all personal information. No information of a personal nature (other than that required by the Canada Customs and Revenue Agency for tax filing purposes) will be revealed to any outside organization. From time to time the Foundation mails information regarding existing and new fundraising programs. If you would prefer not to receive such mailings, please advise our office. Your donor records are available to you for inspection upon request."

NLSUM24

